

Meal Pattern Waiver

SY 2020-2021, NSLP/SBP

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MISSISSIPPI
DEPARTMENT OF
EDUCATION

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VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community

Overview of the Waiver

- Designed to support the Child Nutrition Programs across the State of MS.
- Supporting access to meals as well as maintaining program integrity.
- Meal pattern requirements are unchanged, but FNS recognizes flexibility may be needed in this public health emergency and appropriate safety measures are necessary

Regulatory Authority

- Program regulations requirements under 7 CFR 210.10(b) and (c), 220.8(b) and (c)
- The waiver is effective upon approval, through **June 30, 2021**

Schools **MUST** apply for a waiver to the State Agency and receive approval **BEFORE** implementing any changes to the existing meal pattern!

How to Apply?

- Complete and Submit the Form provided by the State Agency
- The request must be targeted and justified based on plans to support access to nutritious meals while minimizing potential exposure to COVID-19 during SY 2020-2021
- SFA must describe efforts that will be made to maintain the meal pattern to the greatest extent possible
- **Waiver will expire if conditions change**

Potential Flexibilities Available through this Waiver

Examples:

- Vegetable subgroups
- Sodium
- Calories when serving grab-and-go meals
- Milk variety

Let's Talk About Milk.....

NOT AN EXCUSE TO AVOID SERVING MILK
ALTOGETHER!



How to Apply

You must provide **justification** for your plan!

How will this waiver support access to nutritious meals while minimizing potential exposure to COVID-19?



ELEMENTARY SAMPLE MENU

- **M/MA & Grain:** Sandwich
(Ham, turkey, hamburger, or hot dog)
- **Fruit:** ½ cup (Canned, fresh or frozen)
- **Vegetable***: Carrots stick with dip & Cole slaw(3/4 cup combined)
- **Choice of Milk** = 1 cup
- Extra: Tortilla chip, cookies – meeting a grain requirement



**The menu planner has made an effort to meet veg subgroups, but it may be hard to hit ALL of them over the course of the week.*

Questions





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