

Transitional Standards

For Milk, Whole Grains, and Sodium

Mary Burks, RDN, LDN, SNS

Mississippi Department of Education/Office of Child Nutrition ~ School Support Division mdek12.org









VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community





State Board of Education STRATEGIC PLAN GOALS



ALL Students Proficient and Showing Growth in All **Assessed Areas**

EVERY School Has Effective Teachers and Leaders





EVERY Student Graduates from High School and is Ready for College and Career

EVERY Community Effectively Uses a World-Class Data System to Improve Student Outcomes





EVERY Child Has Access to a High-Quality Early Childhood Program

EVERY School and District is Rated "C" or Higher









Thank you!!

Your Opinion does matter! I hope you all took the time to express your voice before March 24, 2022.



Agenda



- Transitional Standards for Milk, Whole Grains, and Sodium
- Fall of 2022 USDA Nutrition Standards to address SY 24-25
- Resources
- Questions





Background: Milk, Whole Grains, Sodium

December 2018: Final Rule changed standards for milk, whole grains and sodium

April 2020: 2018 Final Rule was vacated – which reversed back to 2012 meal standards

Through June 2012 : Due to COVID, Congress provided USDA authority to issue nationwide meal pattern waivers



Impacted

- Types of milk
- Amount of whole grains-rich required
- Sodium Level

No Changes

- Amount of foods required in any component
- Fruits, Vegetables, Vegetables sub-groups, Meat/Meat Alternate components
- Calories Ranges, Saturated Fat Limits, Age/Grade Groups



Timeline

The standards in this final rule are intended to be transitional and in effect for only two (2) school years (SY 2022–2023 and SY 2023–2024).



Bridge Rule

This rule will serve as a middle-ground **bridge** until the notice-and-comment rulemaking for SY 2024–2025 and beyond is complete.



Final Rule Stages – Two Steps Approach

Step 1

- Final Rule for Transitional Standards
- Short-term 2 years

Step 2

- New Rule-making for Permanent Standards
- Long-term



July 1, 2022

Beginning (SY) 2022-2023



Steps 1: Final Rule for Transitional Standards – Short-Term

Step 1

Milk, Whole Grain, Sodium

Transitional Standards Apply only to:

Milk

Schools may offer flavored, low-fat milk (1%) in addition to unflavored, low-fat milk and flavored or unflavored nonfat milk

Whole Grains

At least 80% of the grains served in Lunch and breakfast per week must be whole grain-rich (containing at least 50% whole grains).

Sodium

Lunch and Breakfast retains Sodium Target 1, for school year 2022-2023. For school lunch only meet sodium target 1A SY 2023-2024

Consistent with the Goals of the Dietary Guidelines for Americans, 2020-2025.

USDA intends to issue a proposed rule in fall 2022 - nutrition standards for SY 2024-2025





Milk Standards

- Option to serve flavored, low-fat (1 percent or less) milk in NSLP and SBP.
- Requires unflavored milk (fat-free or lowfat) be available at each school meal service.



Whole Grain Standards

At least 80 percent of grains offered must be whole grain-rich

The remaining grains must be enriched

To meet USDA's whole grain-rich products must contain at least 50 percent whole grains, and the remaining grain must be enriched



Menu Planning Options ~ Whole Grain-Rich Requirement

Option: Plan menus so enriched grains are served on one day only.



Monday	Tuesday	Wednesday	Thursday	Friday
WRG	WRG	WRG	WRG	Enriched
2 oz. eq.				





Sodium Standards



NSLP

- Maintain Target 1 for SY 2022-2023
 - ➤ Effective July 1, 2022
- Implement Interim Target 1A for SY 2023-2024
 - ➤ Effective July 1, 2023

SBP

- Maintain Target 1 for SY 2022-2023 and SY 2023-2024
 - Effective July 1, 2022



Sodium Standards: National School Lunch Program

Age/Grade Group	Target 1: Effective July 1, 2022	Interim Target 1A: Effective July 1, 2023
K-5	≤ 1,230 mg	≤ 1,110 mg
6-8	≤ 1,360 mg	≤ 1,225 mg
9-12	≤ 1,420 mg	≤ 1,280 mg



Sodium Standards: School Breakfast Program

Age/Grade Group	Target 1: Effective July 1, 2022 – SY 2024
K-5	≤ 540 mg
6-8	≤ 600 mg
9-12	≤ 640 mg



Menus

Grades K-12 Breakfast & Grades 9-12 Lunch

Example of Nutrition Analysis



Lunch Menu – Grades 9-12

Weekly Sodium Standards ≤1,420

Weekly Saturated Fat Standards

< 10%

Mississippi Dept of Education

Mar 21, 2022 thru Mar 25, 2022

Wildwood High 9-12 Lunch Generated on: 3/5/2022 3:02:15 PM

Base Menu Spreadsheet Weighted Values - Detailed

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		Size	Qtv	(kcal)	(mg)	(mg)	(Q)	(mg)	(mg)	(IU)	(mg)	(a)	(a)	(g)	(a)	(a)	(a)
	Mon - 03/21/2022		_										_				
	Wildwood High 9-12 Lunch	Total	300														
	Cheesy Chicken FlesB/RiceMS517	1 serving	275	323		460	1.46	1.49	*208.4	638	3.74	*1	25.45	29.28	12.06	7.10	0.00
	Steamed Carrots, FRZ M5880	1/2 Cup	50	8		23	0.51	0.07	4.1	2563	0.41	1	0.17	1.2	0.31	0.12	0.00
	Green Beans, FRZ, Cut M5755	1/2 cup	150	20		10	1.19	*0.01	*0.4	*61	*0.02	1	0.6	2.43	0.89	0.37	0.00
	Orange Smiles M6770	1/2 cup	200	52		0	2.58	0.11	43.2	245	57.93	5	1.02	12.79	0.13	0.02	0.00
	Strawberries, FRZ, PC M6940.1	1/2 cup	250	75		0	1.67	0.30	16.7	0	55.0	*N/A*	0.83	18.33	0.0	0.00	0.00
	Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	300	150		230	3.07	1.44	20.0	0	0.0	4	5.0	27.0	2.0	0.00	0.00
	Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87		80	0.0	9.0	10/	333	0.8	15	5.33	15.33	0.0	0.00	0.00
	Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17		20	0.6	0.00	50.0	83	0.2	2	1.33	1.83	0.42	0.25	0.00
	Cookle, Chocolate ChipPur M7545	1 cookie	1	0		0	0.0	0.00	0.0		0.0	0	0.0	0.05	0.02	0.01	0.00
	Weighted Dally Average			730		823	10.4	3.43	532.7	324	*118.10	*28	39.75	108.26	15.84	7.87	0.00
	% of Calories											*15.1%	21.8%	59.3%	19.5%	9.7%	0.0%
2													l			- 4	
3	Nutrient Guideline			750-850												<10. 0	
															3	_ /	70
	Tue - 03/22/2022														7		_/0
	Wildwood High 9-12 Lunch	Total	300												3		/0
		Total 1 serving	300	404	-	1016	2.58	*1.14	*165.2	*707	*5.36	-1	18.44	23.55	25.86	11.97	0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014	1 serving 1/2 cup	300 200	26	7	68	1.63	0.33	27.8	631	21.83	7	1.69	2.92	1.25	0.50	0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145	1 serving 1/2 cup Roll - 2 oz.	300 200 150	26 100	-	68 130	1.63 0.50	0.33	27.8 20.0	631 0	21.83 1.8	1 3	1.69 2.0	2.92 17.0	1.25 2.5	0.50 0.50	0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kernel Corn, CND M6010	1 serving 1/2 cup Roll - 2 oz. 1/2 cup	300 200 150 300	26 100 85	7	68 130 101	1.63 0.50 1.75	0.33 0.90 *0.04	27.8 20.0 *0.6	631 0 *122	21.83 1.8 *0.03	1 3 6	1.69 2.0 1.73	2.92 17.0 14.68	1.25 2.5 3.5	0.50 0.50 0.73	0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kernel Corn, CND M6010 Apple and Orange Wedges M6545	1 serving 1/2 cup Roll - 2 oz. 1/2 cup 1/2 cup	300 200 150	26 100 85 18	7	68 130 101 0	1.63 0.50	0.33	27.8 20.0	631 0	21.83 1.8 *0.03 14.97	1 3 6 2	1.69 2.0 1.73 0.28	2.92 17.0 14.68 4.66	1.25 2.5 3.5 0.05	0.50 0.50 0.73 0.01	0.00 0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccol Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kernel Corn, CND M6010 Apple and Orange Wedges M6545 Fruit Juice, Frozen Cup M6650	1 serving 1/2 cup Roll - 2 oz. 1/2 cup 1/2 cup 1/2 cup	300 200 150 300 100	26 100 85 18 0	7	68 130 101 0	1.63 0.50 1.75 0.90	0.33 0.90 *0.04	27.8 20.0 *0.6	631 0 *122	21.83 1.8 *0.03 14.97 0.2	1 3 6 2 0	1.69 2.0 1.73 0.28 0.0	2.92 17.0 14.68 4.66 0.06	1.25 2.5 3.5 0.05 0.0	0.50 0.50 0.73	0.00 0.00 0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed M51014 Roll, Enriched, 2 oz. M7145 Whole Kemel Com, CND M6010 Apple and Orange Wedges M6545 Fruit Julice, Frozen Cup M6650 Veg Julice, 4 oz. Asst. M6190	1 serving 1/2 cup Roll - 2 cz. 1/2 cup 1/2 cup 1/2 cup 1/2 cup	300 200 150 300 100 1	26 100 85 18 0 60	7	68 130 101 0 0 7	1.63 0.50 1.75 0.90	0.33 0.90 *0.04	27.8 20.0 *0.6 11.4	631 0 *122	21.83 1.8 *0.03 14.97 0.2 45.0	1 3 6 2 0 13	1.69 2.0 1.73 0.28 0.0 0.0	2.92 17.0 14.68 4.66 0.06 14.5	1.25 2.5 3.5 0.05 0.0	0.50 0.50 0.73 0.01 0.00	0.00 0.00 0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kernel Corn, CND M6010 Apple and Orange Wedges M6545 Fruit Julce, Frozen Cup M6650 Veg Julce, 4 oz. Asst. M6190 Milk, FF Choc 1/2 pint PF M120	1 serving 1/2 cup Roll - 2 oz. 1/2 cup 1/2 cup 1/2 cup 1/2 cup 1/2 pint	300 200 150 300 100 1 300 200	26 100 85 18 0 60	7	68 130 101 0 0 7 80	1.63 0.50 1.75 0.90	0.33 0.90 *0.04 0.04 0.00	27.8 20.0 *0.6	631 0 *122	21.83 1.8 *0.03 14.97 0.2 45.0 0.8	1 3 6 2 0 13 15	1.69 2.0 1.73 0.28 0.0 0.0 5.33	2.92 17.0 14.68 4.66 0.06 14.5 15.33	1.25 2.5 3.5 0.05 0.0 0.0 0.0	0.50 0.50 0.73 0.01 0.00	0.00 0.00 0.00 0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoil Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kemel Corn, CND M6010 Apple and Orange Wedges M6545 Fruit Julce, Frozen Cup M650 Veg Julce, 4 oz. Asst. M6190 Milk, FF Choc 1/2 pint PF M120 Milk, LF White 1/2 pt, PF M110	1 serving 1/2 cup Roll - 2 cz. 1/2 cup 1/2 cup 1/2 cup 1/2 cup	300 200 150 300 100 1	26 100 85 18 0 60 87 17	7	68 130 101 0 0 7 80 20	1.63 0.50 1.75 0.90	0.33 0.90 *0.04 0.04 0.00	27.8 20.0 '0.6 11.4	631 0 *122 67	21.83 1.8 *0.03 14.97 0.2 45.0 0.8 0.2	1 3 6 2 0 13 15 2	1.69 2.0 1.73 0.28 0.0 0.0 5.33 1.33	2.92 17.0 14.68 4.66 0.06 14.5 15.33 1.83	1.25 2.5 3.5 0.05 0.0 0.0 0.0 0.42	0.50 0.50 0.73 0.01 0.00 0.00 0.25	0.00 0.00 0.00 0.00 0.00 0.00 0.00
	Wildwood High 9-12 Lunch John Wayne Casserole M1195.2 Broccoll Spears, Steamed MS1014 Roll, Enriched, 2 oz. M7145 Whole Kernel Corn, CND M6010 Apple and Orange Wedges M6545 Fruit Julce, Frozen Cup M6650 Veg Julce, 4 oz. Asst. M6190 Milk, FF Choc 1/2 pint PF M120	1 serving 1/2 cup Roll - 2 oz. 1/2 cup 1/2 cup 1/2 cup 1/2 cup 1/2 pint	300 200 150 300 100 1 300 200	26 100 85 18 0 60	7	68 130 101 0 0 7 80	1.63 0.50 1.75 0.90	0.33 0.90 *0.04	27.8 20.0 *0.6 11.4	631 0 *122	21.83 1.8 *0.03 14.97 0.2 45.0 0.8	1 3 6 2 0 13 15	1.69 2.0 1.73 0.28 0.0 0.0 5.33	2.92 17.0 14.68 4.66 0.06 14.5 15.33	1.25 2.5 3.5 0.05 0.0 0.0 0.0	0.50 0.50 0.73 0.01 0.00	0.00 0.00 0.00 0.00 0.00 0.00 0.00 0.0

S-Fat: 15.7%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Lunch Menu

Weekly Sodium Standards ≤1,420

Weekly Saturated Fat Standards < 10%

Mississippi Dept of Education

Base Menu Spreadsheet

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Mar 21, 2022 thru Mar 25, 2022

Wildwood High 9-12 Lunch

Generated on: 3/5/2022 3:02:15 PM

Weighted Values - Detailed

	Portion Size	Reimb	Cals (kcal)	Choist (mg)	Sodm (mg)		Fiber (a)	(mg)	Calcm (mg)	VII-A	VIt-C (mg)	Sugars (0)	Protn (a)	Carb (g)	T-Fat	S-Fat	Tr-Fat ^e	
Wed - 03/23/2022		,				ļ						_						
Wildwood High 9-12 Lunch	Total	300			4 E													
Taco Salad with Chips M3515.2	1 serving	275	345	47	72		6.8		*191.1	*4221	*22.92	8	19.24	32.11	16.61	7.83	0.00	
Chips, BKD Tortilla Nacho, Fr	1	275	119	0	18		1.8			92	0.0	2	1.83	18.33	4.58	0.46	0.00	
Refried Beans M5555.1	1/2 cup	150	74	2	11		3.7			*24	*4.24	1	4.28	11.18	1.55	0.75	0.00	
California Vegetables M5785	1/2 cup	100	16	0	4		0.6			548	7.11	1	0.68	1.72	0.6	0.24	0.00	
Mandarin Fruit Cup M6790	1/2 cup	200	33	0		3	0.6			274	5.33	8	0.27	8.52	0.05	0.01	0.00	
Tropical Fruit M6745	1/2 cup	200	79	0		2	1.2			117	16.1	17	0.38	20.58	0.09	0.02	0.00	
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	8		0.0	0.00	190.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00	
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3	2	0	P				0.2	2	1.33	1.83	0.42		0.00	
Assorted Gelatin w/ Top M7580	1/2 cup	300	89	0	6			10	23		12.89	19	1.07	19.38	1.12	1.12	0.00	
Weighted Daily Average			859	55	123	5 1	-14	5 4.6	*492	**	*69.59	72	34.43	128.99	25.01	10.69	0.00	
% of Calories									1 5			33.3%	16.0%	60.1%	26.2%	11.2%	0.0%	
												l						
Nutrient Guideline			750-850		142	0										<10.60	D L U D	/
									_									
						_									_			U
Thu - 03/24/2022							_											
Wildwood High 9-12 Lunch	Total	300								_	l	_						
Chicken BKD Lemon Pepper M3	1 serving	250	104	27	8	7	0.0	0.15	0.0	0	0.0	0	7.92	0.0	7.92	2.50	0.00	
025				_		_		_		_	l	_						
Rice, Brown M7090	1/2 cup	300	107	0	9).7			1 1	0.0	0	2.39	23.09	0.6	0.11	0.00	
Gravy, Chicken Mix, BR M8135	2 ounce	300	25	0	29		.0			0	0.0	0	0.0	3.01	1.0	0.00	0.00	
Green Beans, Cut, CND M5745	1/2 cup	250	35	0	13		.6			443	1.67	1	1.13	4.05	1.6	0.64	0.00	
Mashed Potatoes M6070	1/2 cup	300	90	0	6	_	.0			143	0.01	0	2.02	15.12	2.1	0.86	0.00	
Strawberries, Frozen M6945	1/2 cup	200	55	0		1	.2			19	32.22	10	0.0	14.03	0.0	0.00	0.00	
Fresh Fruit Bowl Variety M6715	1 each	100	28	0		0	.2		6.7	40	7.71	4	0.29	7.24	0.08	0.02	0.00	
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	300	150	0	23		3.0			0	0.0	4	5.0	27.0	2.0	0.00	0.00	
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	8		0.0			333	0.8	15	5.33	15.33	0.0	0.00	0.00	
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3			0.0			83	0.2	2	1.33	1.83	0.42	0.25	0.00	
Weighted Daily Average			697	33	100	9	.8.	3.86	*323.2	1062	42.60	36	25.41	110.71	15.71	4.38	0.00	
% of Calories								4				20.5%	14.6%	63.5%	20.3%	5.7%	0.0%	
								7 /	$I \rightarrow I$			l						
Nutrient Guideline			750-850		142	U					ullet				L	<10.00		
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Lunch Menu

Weekly Sodium Standards ≤1,420

Weekly Saturated Fat Standards < 10%

Mississippi Dept of Education

Base Menu Spreadsheet

Weighted Values - Detailed

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Mar 21, 2022 thru Mar 25, 2022

Wildwood High 9-12 Lunch

Generated on: 3/5/2022 3:02:15 PM

	Pomon	Reimo	Cals	Choist	Soam	riber		iron	Calcm	VII-A	VIII-C	Sugars	Protn	Caro	I-Fat	S-Fat	ir-Fac	
	Size	Qtv	(kcal)	(mg)	(mg)	(D)		(mg)	(mg)	(IU)	(mg)	(g)	(a)	(g)	(g)	(g)	(g)	
Fri - 03/25/2022																		
Wildwood High 9-12 Lunch	Total	300					\neg											
Catfish, Breaded, USDA M1625.1	1 Each	300	186	20	350	.0	00	*0.00	*0.0	-0	*0.0	0	16.0	12.0	10.0	2.00	0.00	
oast, Garlic WW M7115	1 slice	300	90	C C	110	.0	00	0.72	0.0	200	0.0	1	3.0	15.0	2.5	0.00	0.00	
Creamy Colesiaw M5695	1/2 cup	100	25	2	25		11	0.10	8.0	65	5.6	4	0.25	3.9	1.05	0.11	0.00	
Potato Infinity Fry,Bake M6130	1/2 cup	300	111	C C	132	.0	11	0.36	0.0	0	3.65	0	2.03	17.22	3.54	0.51	0.00	
lot Cinnamon Apples M6520	1/2 CUD	300	118	C	190	. 9	7	1.20	3.6	340	0.98	19	0.42	21.92	3.57	1.46	0.00	
resh Oranges M6775	1 each	100	26	C	0		19	0.05	21.6	123	28.96	2	0.51	6.4	0.07	0.01	0.00	
Illk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	80	.0	00	0.00	190.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00	
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3	20	.0	00	-0.00	50.0	83	0.2	2	1.33	1.83	0.42	0.25	0.00	
Cookie, Oatmeal RaisinPur M7555	1 cookle	300	120	5	110	.0	10	1.72	0.0	4-0	0.0	9	1.0	16.0	4.0	2.00	0.00	
Veighted Dally Average			779	33	1017		8	3.16	*2 3.3	1189	40.19	52	29.87	109.60	25.14	6.33	0.00	
% of Calories	1	1					- 1					26.9%	15.3%	56.3%	29.0%	7.3%	0.0%	
	1	1				_	- 1											
Nutrient Guideline			750-850													<10.00		
																		$\mathbf{J}\mathbf{U}$
																_		
Weighted Average			773	53	1101	9.6	5	*3.51	*417.5	*2782	*72.13	*46	.05	10.42	3.(3	8.65	0.00	
	1	1					- 1	- 1	- 1	- 1		*53.4%	16 694	57 2%	25 99-	10 1%	0.0%	

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (If any)
Calories	773		750 - 850	100%				
Cholesterol (mg)	53							
Sodium 1 (mg)	1101	L	1420	_				
Fiber (g) Iron (mg) Calclum (mg) Vitamin A (IU) Sugars (g) Vitamin C (mg) Protein (g) Carbohydrate (g) Total Fat (g)	9.65 3.51 417.5 2782 46 72.13 32.05 110.42 23.06	23.74% 16.60% 57.17% 26.86%	eek	ly	Missing Missing Missing	ta	IS	odium: 1101
Saturated Fat (g)	8.65	10.07%	<10.00%					Correction Required - Sat. Fat too High
Trans Fat' (q)	0.00	0.0 %						
		V	/ee	KIY		ota		5-Fat 10.07%

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Certification Worksheet V-1

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Week of 3/21/2022

Mississippi Dept of Education

Weekly Certification Worksheet

J - Wildwood High 9-12 Lunch

Whole Grain-**Rich Standard** Not 80%

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22		Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1		5	5	Yes	total fruit)	5	0.5	10.00%	Yes
Vegetables: Minimum (cups)	1	1.625	2.375	1	1		7	5	Yes				% of	
-Dark Green	0	0.5	0.5	0	0		1	0.5	Yes	Weekly	Total	Total	Total	Weekly
-Red/Orange	0.5	0.5	0.375	0	0		1.375	1.25	Yes	Vegetable Juice Limit	Weekly	Weekly Veg.	Weekly Veg.	Rqmt.
-Legumes	0	0	0.5	0	0		0.5	0.5	Yes	Check (<= half of total	Veg.	Juice	that is Juice	Check
-Starchy	0	0.5	0	0.5	0.5		1.5	0.5	Yes	Veg)			Juice	
-Other	0.5	0.125	1	0.5	0.5		2.625	0.75	Yes		7	0	0.00%	Yes
Meat/Meat Alt: Minimum (oz eq)	2.5	2.5	2.5	2	2		11.5	10	Yes					
Meat/Meat Alt: Maximum (oz eq)	2.5	2.5	2.5	2	2		11.5	12	Yes					
Grain: Minimum (oz eq)	3.5	2.75	2	3	2.5		13.75	10	Yes					
Grain: Maximum (oz eq)	3.5	2.75	2	3	2.5		13.75	12	OVER					
Gra	ain Based D	essert Tot	al for all we	eekly meals	,		1	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	13.75	Weekly Whole Grain Rich Total	10.75	% of Whole Grain Rich	78%		50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Frl 3/25/22		Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check					
Mlik: Minimum (cups)	2	2	2	2	2				Yes					
Variety: SkimyFat-free unflavored, SkimyFat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes			7	n					
Reduced fat(2%) or whole, unflavored and flavored														

"Cells with this background color signify Requirements not being met!

Week of 3/21/2022



Certification Worksheet V-2

Page 1

Whole Grain-Rich Standard Met 80%

Mississippi Dept of Education

Weekly Certification Worksheet

J - Wildwood High 9-12 Lunch

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes	total fruit)	5	0.5	10.00%	Yes
Vegetables: Minimum (cups)	1	1.625	2.375	1	1			7	5	Yes				% of	
-Dark Green	0	0.5	0.5	0	0			1	0.5	Yes	Weekly	Total	Total	Total	Weekly
-Red/Orange	0.5	0.5	0.375	0	0			1.375	1.25	Yes	Vegetable Juice Limit	Weekly	Weekly Veg.	Weekly Veq.	Rqmt.
-Legumes	0	0	0.5	0	0			0.5	0.5	Yes	Check (<=	Veg.	Juice	that is	Check
-Starchy	0	0.5	0	0.5	0.5			1.5	0.5	Yes	Veg)			Juice	
-Other	0.5	0.125	1	0.5	0.5			2.625	0.75	Yes		7	0	0.00%	Yes
Meat/Meat Alt: Minimum (oz eq)	2.5	2.5	2.5	2	2			11.5	10	Yes					
Meat/Meat Alt: Maximum (oz eq)	2.5	2.5	2.5	2	2			11.5	12	Yes					
Grain: Minimum (oz eq)	3	2.75	2	3	2.5			13.25	10	Yes					
Grain: Maximum (oz eq)	3	2.75	2	3	2.5			13.25	12	OVER					
Gra	ain Based C	essert Tot	al for all we	eekly meak	5		,	0.5	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	13.25	Weekly Whole Grain Rich Total	10.75	% of Whole Grain Rich	81%			50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fr1 3/25/22			10	We y	reek Rgr Ct k					
Mlik: Minimum (cups)	2	2	2	2	2			11	5	.6					
Variety: Skim/Fat-free unflavored, Skim/fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

""Cells with this background color signify Requirements not being met!





Lunch Menu 9-12 Spreadsheet

Mississippi Dept of Education

Nutrients Breakdown Summary Report From Mar 21, 2022 To Mar 25, 2022,

J - Wildwood High 9-12 Lunch

Nutrient			% of Cals	Weekly Target	% of Target*	Shortfall*	Overage *	Missing Data			
Calories	777			750-850				*			
Saturated Fat	8.49	g	9.83%	<10.0%							
Sodium 1	1144	mg		1420							

^{*}N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient

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^{* -} denotes combined nutrient totals with either missing or incomplete nutrient data



Breakfast Menu – Grades K -12

Weekly Sodium Standards ≤540

Weekly Saturated Fat Standards < 10%

Mississippi Dept of Education

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Base Menu Spreadsheet Weighted Values - Detailed

Page 1

Generaled on: 3/5/2022 4:19:39 PM

	Portion	Relmb	Cals	Choist	Sodm	Fiber	Iron	Calcm	VIt-A	VIt-C	Sugars	Protn	Carb	T-Fat	S-Fat	Tr-Fat
	Size	Qty	(kcal)	(mg)	(mg)	(g)	(mg)	(mg)	(IU)	(mg)	(g)	(g)	(g)	(g)	(g)	(g)
Mon - 03/21/2022																
Wildwood K-12 Breakfast	Total	200														
Pancakes, 2 WGR M8825	2 pancakes	200	160	8	220	2.00	1.44	40.0	0	0.0	10	4.0	30.0	3.0	0.00	0.00
Strawberries, FRZ, PC M6940.1	1/2 cup	200	90	0	0	2.00	0.36	20.0	0	66.0	"N/A"	1.0	22.0	0.0	0.00	0.00
Klwl Wedges M6695	3 halves	100	26	0	1	1.28	0.13	14.5	37	39.42	4	0.48	6.23	0.22	0.01	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Syrup, Pancake, PC M8025	1 packet	300	178	0	44	0.05	0.13	0.4	6	0.02	32	0.03	45.3	0.0	0.00	0.00
Weighted Daily Average			544	14	355	(ex 3	-2.0	292.4	418	106.34	*60	11.52	117.78	3.85	0.39	0.00
% of Calories	1	l .							l		*44.1%	8.5%	86.6%	6.4%	0.6%	0.0%
	1	l .									l					/-
Nutrient Guideline			450-500		540											
																7
																<u> </u>
Tue - 03/22/2022																U
Wildwood K-12 Breakfast	Total	200														•
Sausage Pancake on Stick M9255	1 stick	200	200	20	380	1.00	1.08	20.0	0	0.0	7	6.0	19.0	11.0	3.00	0.00
Tropical Apples M6530	1/2 cup	100	72	0	24	0.47	0.69	1.0	174	2.5	11	0.42	13.96	1.81	0.73	0.00
Fruit Juice, Assort, 4oz M6640	1 4-oz. cup	200	69	0	3	0.00	0.00	0.0	0	14.87	15	0.0	16.3	0.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0. 0	(0, 1)	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Syrup, Pancake, PC M8025	1 packet	150	89	0	22	0.00	0' 7	0.2	3	0.01	16	0.02	22.65	0.0	0.00	0.00
Weighted Dally Average			521	26	520	1_49	83	38.7	552	18.28	63	12.43	86.16	13.43	4.11	0.00
% of Calories	1	l .									48.1%	9.5%	66.2%	23.2%	7.1%	0.0%
	1	l .						l	l							4
Nutrient Guideline	1	l .	450-500		540			l	l		l				0.0	
	•															
																U
Wed - 03/23/2022																
Wildwood K-12 Breakfast	Total	200														
Breakfast Pizza, Sausage M9275	1 piece	180	162	49	405	0.90	1.30	135.0	90	0.0	5	9.0	14.4	7.2	3.15	0.00
Chilled Peach Slices M6815	1/2 cup	100	32	0	3	0.78	0.22	1.8	213	1.44	8	0.27	8.74	7.2 0.02	0.00	0.00
Fruit Juice, Assort, 4oz M6640	1 4-oz. cup	200	69	0	3	0.00	0.00	0.0	0	14.87	15	0.0	16.3	0.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.6		75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Weighted Daily Average			354	56	501	1 8	u â ī	354.3	678	17.22	41	15.27	53.70	7.84	3.53	0.00
% of Calories	1	l .							0.0		46.1%	17.3%	60.7%	19.9%	9.0%	0.0%
io di dalairea	1	l .				•			l		40.110				5.5.5	
Nutrient Guideline		l .	450-500		540			•							<10.00	C _
	•															
														u		٧/^
															- U	70
														_	_	-

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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^{*-} denotes combined nutrient totals with either missing or incomplete nutrient data

^{1 -} Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Breakfast Menu – Grades k-12

Weekly Sodium Standards ≤540

Weekly Saturated Fat Standards < 10%

Mississippi Dept of Education

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/5/2022 4:19:39 PM

Base Menu Spreadsheet

Weighted Values - Detailed Page 2

	Portion Size	Reimb	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (a)	(mg)	Calcm (mg)	VIt-A	VIt-C (mg)	Sugars (a)	Protn (g)	Carb (g)	T-Fat	S-Fat	Tr-Fat ^e
Thu - 03/24/2022			,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,						,,,,							
Wildwood K-12 Breakfast	Total	200														
Bagel & Choice of Yogurt M9125	1 serving	150	158	4	180	3.00	1.35	142.5	0	0.0	11	7.5	32.25	0.75	0.00	0.00
Strawberries, Frozen M6945	1/2 cup	150	62	0	1	1.37	0.52	9.6	21	36.24	12	0.0	15.79	0.0	0.00	0.00
Fresh Fruit Cup M6720	1/2 cup	100	32	0	2	0.92	0.15	4.1	84	2.71	6	0.29	8.24	0.08	0.02	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Cream Cheese PC Strawb M8095	1 pc cup	50	23	6	19	4A. 57	.00	5.0	50	0.0	1	0.25	1.25	2.0	1.25	0.00
Weighted Daily Average			364	16	291	5.1	01	378.7	531	39.85	44	14.04	71.78	3.46	1.64	0.00
% of Calories		l									48.2%	15.4%	79.0%	8.6%	4.1%	0.0%
		l														<u>.</u> .
Nutrient Guideline			450-500		540										<10 0	0
														- 4	·_ 1	7/0
Fri - 03/25/2022																
Wildwood K-12 Breakfast	Total	200														
Sausage 1 & Biscult 2WGR M9175	1 Each	180	269	31	644	1.80	1.94	89.8	900	0.0	3	12.5	24.3	13.42	4.47	0.00
Tropical Apples M6530	1/2 cup	100	72	0	24	0.47	0.69	1.0	174	2.5	11	0.42	13.96	1.81	0.73	0.00
Chilled Mandarin Oranges M6795	1/2 cup	150	57	0	6	0.65	0.34	6.5	781	18.41	14	0.42	15.05	0.09	0.01	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	I	1.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Jelly, Assorted, PC M8145	1 packet	300	54	0	10	7 .09	0.0	2.1	2	0.62	10	0.04	13.84	0.01	0.01	0.00
Weighted Daily Average			542	37	774	.01	3.5 🕹	316.9	2232	22.42	52	19.37	81.41	15.96	5.60	0.00
% of Calories		l					_				38.5%	14.3%	60.1%	26.5%	9.3%	0.0%
		l				_	-	Г						I		4
Nutrient Guideline			450-500		540										<1/1. \I	n /_
														Ч	3	٧/٨
Weighted Average			465	30	488	3.36	2.09	316.2	882	40.82	*52	14.53	82.17	8.51	3205	0.50
2	l	I									*100.4	12.5%	70.7%	17.2%	5.9%	0.0%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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^{*-} denotes combined nutrient totals with either missing or incomplete nutrient data

^{*-} Trans Fat value is provided for informational purposes only, not for monitoring purposes.



Breakfast Menu – Grades K-12

Weekly Sodium Standards ≤540

Weekly Saturated Fat Standa <10%

Mississippi Dept of Education

15.63

85.57

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/8/2022 10:10:26 AM

Base Menu Spreadsheet

Weighted Values - Detailed

Protein (g) Carbohydrate (g)

Saturated Fat (g)

Total Fat (n)

		Pomon	Reimo	cais Choist	Soam	riber	Iron	Calcm	VII-A	VIII-C	Sugars	Protn	caro	I-Fat	S-Fat	ir-Fat
		Size	Qtv (kcai) (mg)	(mg)	(g)	(mg)	(mg)	(IU)	(mg)	(g)	(a)	(g)	(g)	(g)	(g)
Nutrient	Menu AVG	% of Cals	Weekly Targe	t % of Target	Miss Data	Shortfall	1 0	Overage	Error Mes	sages (If a	any)			-		-
Calories	476		450 - 50	0 100%												
Cholesterol (mg)	29								Į.							
Sodium 1 (mg)	540		54	D					Correction							
Sodium 2 (mg)	540		48	5				55	Correction	Required	d - Sodlum	too High				
Fiber (g)	3.75															
Iron (mg)	2.25				Missing											
Calcium (mg)	321.5				Missing											
Vitamin A (IU)	882				Missing											
Sugars (g)	51	43.11%			Missing		- 1									
Vitamin C (mg)	41.30			1	Missing	1	- 1		l							

Sodium AVG = 540 Sat F = 5.81%

13.14%

71.91%

15.57%

5.81%

<10.00%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

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Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Breakfast K-12

Whole Grain-Rich **Standard** NOT 80% at 75%

Mississippi Dept of Education Weekly Certification Worksheet

Week of 3/21/2022

W .	Wille	twoo	4 K	12	Bre	alirfor

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fr1 3/25/22		Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1		5	5	Yes	total fruit)	5	1	20.00%	Yes
Vegetables: Minimum (cups)							0	N/A	N/A				% of	
-Dark Green	0	0	0	0	0		0	N/A	N/A	Weekly	Total	Total	Total	Weekly
-Red/Orange	0	0	0	0	0		0	N/A	N/A	Vegetable Juice Limit	Weekly	Weekly Veq.	Weekly Veq.	Rqmt.
-Legumes	0	0	0	0	0		0	N/A	N/A	Check (<=	Veg.	Juice	that is	Check
-Starchy	0	0	0	0	0		0	N/A	N/A	Veg)			Juice	
-Other	0	0	0	0	0		0	N/A	N/A		0	0	0.00%	N/A
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Grain: Minimum (oz eq)	2	3	2	2	1.5		10.5	9	Yes					
Grain: Maximum (oz eq)	2	3	2	2	1.5		10.5	10	OVER					
Gra	in Based D	essert Tot	al for all we	eekly meak	5		0	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	8	Weekly Whole Grain Rich Total	6	% of Whole Grain Rich	75%		50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22		Wee Tot	kly Rqmt.	Rc y					
Milk: Minimum (cups)	2	2	2	2	2		1		آمر					
Variety: Skim/Fat-free unflavored, Skim/fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes		•			0				
Reduced fat(2%) or whole, unflavored and flavored														

"Cells with this background color signify Requirements not being met!

Page 1



Breakfast K-12

Whole Grain-Rich **Standard** Met 80% at 100%

Mississippi Dept of Education Weekly Certification Worksheet

Week of 3/21/2022

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5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Frl 3/25/22		Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (== half of	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1		5	5	Yes	total fruit)	5	1	20.00%	Yes
Vegetables: Minimum (cups)							0	N/A	N/A				% of	
-Dark Green	0	0	0	0	0		0	N/A	N/A	Weekly	Total	Total	Total	Weekly
-Red/Orange	0	0	0	0	0		0	N/A	N/A	Vegetable Juice Limit	Weekly	Weekly Veg.	Weekly Veg.	Rqmt.
-Legumes	0	0	0	0	0		0	N/A	N/A	Check (<=	Veg.	Juice	that is	Check
-Starchy	0	0	0	0	0		0	N/A	N/A	Veg)			Juice	
-Other	0	0	0	0	0		0	N/A	N/A		0	0	0.00%	N/A
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Grain: Minimum (oz eq)	2	2.25	2	2	3		11.25	9	Yes					
Grain: Maximum (oz eq)	2	2.25	2	2	3		11.25	10	OVER					
Gra	iln Based D	essert Tot	al for all we	eekly meak	5		0	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	8.25	Weekly Whole Grain Rich Total	8.25	% of Whole Grain Rich	100%		50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22		y	W £	veekly vmt. eck					
Milk: Minimum (cups)	2	2	2	2	2				25					
Variety: Skim/Fat-free unflavored, Skim/Fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes				imt. eck es	0				
Reduced fat(2%) or whole, unflavored and flavored														

"Cells with this background color signify Requirements not being met!

Page 1





Breakfast Menu – Grades K-12

Weekly Sodium Standards ≤540

Weekly Saturated Fat Standards <10%

Mississippi Dept of Education

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/5/2022 4:19:39 PM

Base Menu Spreadsheet Weighted Values - Detailed

		Portion	Relmb	ca	is Choist	Sodm	Fiber	Iron	Calcm	VII-A	VII-C	Sugars	Protn	Carb	T-Fat	S-Fat	Tr-Fat
		Size	Qtv	(kc	al) (mg)	(mg)	(g)	(mg) (mg)	(IU)	(mg)	(g)	(g)	(g)	(g)	(g)	(g)
Nutrient	Menu AVG	% of Cals	Weekly T	arget	% of Target	Miss Data	Shortfall	_	Overage	Error Mes	sages (If	any)		-		-	
Calories	465		450	- 500	100%			Т									
Cholesterol (ma)	30			- 1			1										
Sodium 1 (mg)	488			540													
oodiam z (mg)	400			485			1	- 1	3	Correction	n Require	d - Sodlum	too High				
Fiber (g)	3.36						1	- 1									
Iron (mg)	2.09						1	- 1									
Calcium (mg)	316.2			- 1			1										
Vitamin A (IÜ)	882						1	- 1									
Sugars (g)	52	44.64%				Missing	1	- 1									
Vitamin C (mg)	40.82				1	_	1	- 1									
Protein (q)	14.53	12.50%		- 1			1										
Carbohydrate (g)	82.17	70.69%		- 1			1	- 1									
Total Fat (g)	8.91	17.24%		- 1			1	- 1									
Saturated Fat (g)	3.05	5.91%	<10	.00%			1	- 1									
Trans Fatt (q)	0.00	0.00%															

Sodium AVG = 488

Sat F = 5.91%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.



denotes combined nutrient totals with either missing or incomplete nutrient data

Trans Fat value is provided for informational purposes only, not for monitoring purposes.

Page 1

Mississippi Dept of Education Weekly Certification Worksheet

Whole Grain-Rich Standard Met 80%

K - Wildwood K-12 Breakfast

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Frl 3/25/22		Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1		5	5	Yes	total muit)	5	1	20.00%	Yes
Vegetables: Minimum (cups)							0	N/A	N/A				% of	
-Dark Green	0	0	0	0	0		0	N/A	N/A	Weekly	Total	Total	Total	Weekly
-Red/Orange	0	0	0	0	0		0	N/A	N/A	Vegetable Juice Limit	Weekly	Weekly Veq.	Weekly Veg.	Rgmt.
-Legumes	0	0	0	0	0		0	N/A	N/A	Check (<=	Veg.	Juice	that is	Check
-Starchy	0	0	0	0	0		0	N/A	N/A	Veg)			Juice	
-Other	0	0	0	0	0		0	N/A	N/A		0	0	0.00%	N/A
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0		1	N/A	N/A					
Grain: Minimum (oz eq)	2	4	2	2	3		13	9	Yes					
Grain: Maximum (oz eq)	2	4	2	2	3		13	10	OVER					
Gra	ain Based D	essert Tot	al for all we	eekly meak	5		0	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	10	Weekly Whole Grain Rich Total	8	% of Whole Grain Rich	80%		50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Frl 3/25/22		Wet To	W F	kly t.					
Milk: Minimum (cups)	2	2	2	2	2									
Variety: Skim/Fat-free unflavored, Skim/fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes					9				
Reduced fat(2%) or whole, unflavored and flavored														

""Cells with this background color signify Requirements not being met!



Summary of Transitional Standards

Milk

- Option to serve flavored, low-fat milk in NSLP and SBP
- Extended to SSIS, CACFP (ages 6+), SMP (ages 6+)

Whole Grains

 80% of grains offered weekly must be whole grain-rich; remaining grains must be enriched

Sodium

- NSLP: Target 1 for SY 2022-2023; Target 1A for SY 2023-2024
- SBP: Target 1 for SY 2022-2023 and SY 2023-2024



Steps 2

- Finalize permanent standards
- Expected implementation in SY 2024-2025





Permanent Standards

Comments period ended March 24, 2022 - Stronger nutritional standards



- Based on nutrition-science, reflecting the goal of the Dietary Guidelines for Americans, 2020-2025
- Engage Stakeholders
- Collect Public input on proposed changes



What is Slido: a Q & A and polling platform to assist in bridging the gap between presenters and their audience.

Slido RULES for today:

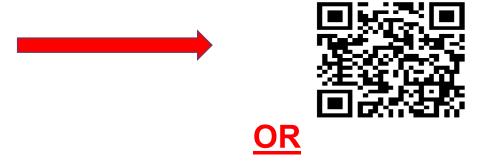
- Each of you will have 15 seconds to answer each of the three (3) questions.
- Questions will be manually advanced (by OCN) after the 15 seconds timer has elapsed with each question.
- Results are anonymous



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 - Enter code: #800113



• Transitional Meal Standards 2022 (sli.do)



- Nutrition Standards for School Meals
 - https://www.fns.usda.gov/cn/nutrition-standards-school-meals
 - https://www.fns.usda.gov/cn/fr-020722
 - https://www.fns.usda.gov/cn/bbbsm-fact-sheet
- Updated Meal Pattern Questions & Answers
 - Released March 2, 2022
 - https://www.fns.usda.gov/cn/sp052022-questions-answers-programoperators
 - PDF: Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium



Questions







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fex: (833) 255-1555 or (202) 590-7442;

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https://mdek12.org/sites/default/files/docu ments/ocn/usda-nondiscriminationstatement.pdf



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