Seamless Summer Option (SSO)

Mary Burks
School Support Division, Director

July 15, 2021
State Board of Education  STRATEGIC PLAN GOALS

1. **ALL** Students Proficient and Showing Growth in All Assessed Areas

2. **EVERY** Student Graduates from High School and is Ready for College and Career

3. **EVERY** Child Has Access to a High-Quality Early Childhood Program

4. **EVERY** School Has Effective Teachers and Leaders

5. **EVERY** Community Effectively Uses a World-Class Data System to Improve Student Outcomes

6. **EVERY** School and District is Rated “C” or Higher
To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community
NSLP & SBP Meal Patterns
(Basic Requirements for SSO)

SSO Meal Patterns
Memo SP 09-2017 – Questions 33 & 42

• SSO sponsors must plan meals using the meal patterns established for NSLP and SBP, which are based on the recommendations of the Dietary Guidelines for Americans (DGA)

• SFAs participating under SSO must follow the NSLP and SBP meal pattern requirements established in 7 CFR 210.10 and 7 CFR 220.8
“Schools must identify near or at the beginning of the serving line(s) the food items that constitute the unit priced reimbursable meal at both breakfast and lunch.”
#5forMaxFlavor

5 food groups = Maximum Flavor

Select at least ½ cup fruit and/or vegetable

Choose at least 3 food groups
Offer Versus Serve Poster for Lunch

Resources

• Menu Planner for School Meals (https://www.fns.usda.gov/tn/menu-planner)

• Farm to School (https://www.fns.usda.gov/cfs/farm-school-resources)

Crediting dried Fruits and leaf green Vegetables

• Raw leafy greens credit for half the volume
  For example, ½ cup credited ¼ cup

• Dried fruit credit for twice the volume
  For example, ¼ cup of raisins credited ½ cup
Do I have to provide water for non-congregate feeding?

- Memo SP 24-2020 released by USDA in Aug 2020 indicated that potable water would not have to be available if the meals were served off campus. Water would still need to be made available for services in the cafeteria and the classroom.
School Lunch

NSLP/SSO Meal Pattern
NSLP Five Food Components

- Fluid Milk
- Fruits
- Vegetables
- Grains
- Meats/Meat Alternates
Basic Requirements for Lunch

A Nutrient Analysis will help you stay on track!

- Offer all 5 of the Required components daily
- Meet Daily & Weekly component minimums
- Meet Weekly Vegetable Subgroup minimums
- Stay within the caloric range
- Sodium waivers are available from the SA upon request
- Stay below the max allowed saturated/trans fat limit
Age Groupings and Menu Planning

Allowable Groupings at Lunch

• Grades K-5
• Grades 6-8
• Grades 9-12
• You can combine two groups to make a K-8 grouping, calories and sodium meet the most restrictive level
• Age group waivers available from the SA

There is no such thing as K-12 grouping at lunch!!!!
# The School Lunch Pattern for Various Age/Grade Groups

The United States Department of Agriculture, National School Lunch Program requires that portions of meal components be adjusted by age/grade group to better meet the food and nutritional needs of children according to their ages.

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meat or Alternate (MMA)</td>
<td>8 oz. eq/wk min</td>
<td>9 oz. eq/wk min</td>
<td>10 oz. eq/wk min</td>
<td>1 oz. eq per day minimum</td>
<td>1 oz. eq per day minimum</td>
<td>2 oz. eq per day minimum</td>
</tr>
<tr>
<td>Lean meat, poultry, fish</td>
<td>1 oz</td>
<td>1 oz</td>
<td>1 oz</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td>1 oz</td>
<td>1½ oz</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Large eggs</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cooked, dry beans or peas</td>
<td>½ cup</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanut butter (or any nut or seed butter)</td>
<td>2 Tbsp</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanuts, soy nuts, tree nuts or seeds*</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yogurt, plain or flavored, unsweetened or sweetened</td>
<td>4 oz. or ½ cup</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Grains / Breads</th>
<th>8 oz. eq/wk min</th>
<th>8 oz. eq/wk min</th>
<th>10 oz. eq/wk min</th>
<th>All grains offered must be 100% whole grain rich (WGR).</th>
</tr>
</thead>
<tbody>
<tr>
<td>Servings of grains or breads must be enriched or whole grain</td>
<td>1 oz. eq. per day minimum</td>
<td>1 oz. eq. per day minimum</td>
<td>2 oz. eq. per day minimum</td>
<td>No more than ½ of the weekly total requirement may be met with full-strength vegetable juice.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Vegetable</th>
<th>½ cup every day</th>
<th>1 cup every day</th>
<th>No more than ½ of the weekly total requirement may be met with full-strength vegetable juice.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dark Green</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Red/Orange</td>
<td>1/2 cup slice or 1/2 cup slice or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Beans/Pea</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Starchy</td>
<td>1/2 cup slice or 1/2 cup slice or</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Fruit</th>
<th>½ cup (6 fl. oz.)</th>
<th></th>
<th>No more than ¼ of the total weekly requirement may be met with 100% low-fat milk.</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Milk (fluid offered as beverage)</th>
<th>¼ pt (8 fl. oz.)</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>When combining K-5 &amp; 6-12 to establish a K-12 group</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

| Sodium | 1230mg | 1360mg | 1820mg |

*As listed in program guidance, these items may be used to meet no more than 50% of the requirement and must be combined in the meals with at least 50% of other meat or meat alternates (e.g. meals washing 1 oz. of cooked lean meat, poultry, or fish) Schools serving lunch 5 days per week should increase the weekly quantity by approximately 20% for each additional day. Food Service Guide and FNS Instruction 2(1), Rev. 1, Grades and Bread Reduction provides the information for the minimum weight of a serving.
Meat / Meat Alternate at Lunch

Take note of differences in daily minimums across the different grade groups!

Just offering the daily minimum will not help you to meet weekly goal!

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Meat or Meat Alternate (MMA)</td>
<td></td>
<td></td>
<td>8 oz/wk</td>
<td>9 oz/wk</td>
<td>10 oz/wk</td>
<td>Must be served in the main dish or as the main dish.</td>
</tr>
<tr>
<td>When combining K-5 &amp; 6-8 to establish a K-8 group.</td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Lean meat, poultry, fish</td>
<td>1 oz</td>
<td>1 ½ oz</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cheese</td>
<td>1 oz</td>
<td>1 ½ oz</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Large egg(s)</td>
<td>⅛</td>
<td>⅛</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cooked, dry beans or peas</td>
<td>⅛ cup</td>
<td>3/8 cup</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanut butter (or any nut or seed butter)</td>
<td>2 Tbsp</td>
<td>3 Tbsp</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Peanuts, soy nuts, tree nuts or seeds*</td>
<td>⅛ oz. = 50%</td>
<td>⅛ oz. = 50%</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yogurt, plain or flavored, unsweetened or sweetened</td>
<td>4 oz or ⅓ cup</td>
<td>6 oz or ⅔ cup</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Quantities Required to Offer

1 oz per day minimum
1 oz per day minimum
2 oz per day minimum

Food and Nutrition Service Fact Sheets on each of these alternate foods give detailed instructions for use.
Grains at Lunch

Take note of differences in daily minimums across the different grade groups!

Just offering the daily minimum will not help you to meet weekly goal!

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grains / Breads</td>
<td></td>
<td></td>
<td>8 oz. eq/wk</td>
<td>8 oz. eq/wk</td>
<td>10 oz. eq/wk</td>
<td>All grains must be 100% whole grain rich (WGR).</td>
</tr>
<tr>
<td>When combining K-5 &amp; 6-8 to establish a K-8 group.</td>
<td></td>
<td></td>
<td>8 oz. eq^2/wk</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Servings of grains or breads must be 100% whole-grain rich.</td>
<td>5 per week at least 1/4 eq/day</td>
<td>8 per week at least 1/2 eq/day</td>
<td>1 oz. eq. per day minimum</td>
<td>1 oz. eq. per day minimum</td>
<td>2 oz. eq. per day minimum</td>
<td></td>
</tr>
</tbody>
</table>
Grains Component

All Grains Offered During The School Week Must Meet The Whole Grain-rich Criteria.

- In the past, schools have been allowed flexibility by USDA to offer 50% WGR (meaning only 50% of the items served over the course of the week must be WG and the remaining can be WGR)
- Vacatur now requires 100% WGR
- SSO waiver allows districts to apply for a WG waiver (SY 21-22 only)
The Whole Grain requirement is one of the handouts you received
Grain Based Desserts

• Grain Based Desserts May Be Offered; However, They May Not Exceed 2 Oz Eq of Whole Grain Per Week
Vegetable Subgroups at Lunch

These subgroups must be offered over the course of the week

1. Dark Green
2. Red / Orange
3. Beans / Peas
4. Starchy
5. Other

Vegetable Subgroup waiver available from the SA
Vegetable Component Sub-Groups

Take note of differences in daily minimums across the different grade groups, and the different amounts for each subgroup!

<table>
<thead>
<tr>
<th>Vegetables (cups)</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vegetables (cups)</td>
<td>3¾ (¾)</td>
<td>3¾ (¾)</td>
<td>5 (1)</td>
</tr>
<tr>
<td>Dark green</td>
<td>½</td>
<td>½</td>
<td>½</td>
</tr>
<tr>
<td>Red/orange</td>
<td>¾</td>
<td>¾</td>
<td>1¼</td>
</tr>
<tr>
<td>Beans/Peas (Legumes)</td>
<td>½</td>
<td>½</td>
<td>½</td>
</tr>
<tr>
<td>Starchy</td>
<td>½</td>
<td>½</td>
<td>½</td>
</tr>
<tr>
<td>Other</td>
<td>½</td>
<td>½</td>
<td>¾</td>
</tr>
<tr>
<td>Add Veg to Reach Total</td>
<td>1</td>
<td>1</td>
<td>1½</td>
</tr>
</tbody>
</table>
Resources categorize unusual vegetables

• USDA’s MyPlate Vegetable Subgroups
  https://www.myplate.gov/search?keyword=food+group+vegetable
• Food Buying Guide for Child Nutrition Programs

a USDA eAuthentication account is needed to access the tool
## Fruit at Lunch

Take note of differences in daily minimums across the different grade groups!

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fruit</td>
<td></td>
<td></td>
<td>½ cup every day</td>
<td>½ cup every day</td>
<td>1 cup every day</td>
<td>No more than ½ of the total weekly requirement may be met with 100% full-strength fruit juice.</td>
</tr>
</tbody>
</table>

100% Fruit Juice can only meet no more then one-half of the fruit component over a week.
### Milk Component

Two DIFFERENT choices of milk must be offered every day!
- Waiver available from the SA on choice of milk.

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Milk (Fluid offered as beverage)</td>
<td>¼ cup (6 fl. oz)</td>
<td>½ pt (8 fl. oz)</td>
<td>In grades K-12, fluid milk must be 1% unflavored, or fat free flavored or unflavored.</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Dietary Specifications & Nutrient Analysis at Lunch

Conducting a Nutrient Analysis will help you to ensure compliance with

- Caloric ranges
- Sodium limits (waiver available)
- Saturated fat limits
### NSLP Caloric Range Requirements

Based on a 5-Day Average

<table>
<thead>
<tr>
<th>Food Components</th>
<th>Ages 1-2</th>
<th>Ages 3-4</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Min and Max Calorie Ranges in an average 5-day week menu</td>
<td>517*</td>
<td></td>
<td>550-650</td>
<td>600-700</td>
<td>750-850</td>
<td>★= Menus for students Ages 1-2 and Ages 3-4 have a minimum calorie requirement of 517 calories averaged over the school week.</td>
</tr>
<tr>
<td>When combining K-5 &amp; 6-8 to establish a K-8 group.</td>
<td></td>
<td></td>
<td>600 - 650</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Required Component Offerings</td>
<td>Grades K-5</td>
<td>Grades 6-8</td>
<td>Grades 9-12</td>
<td>Specific Requirements</td>
<td></td>
<td></td>
</tr>
<tr>
<td>-----------------------------</td>
<td>-----------</td>
<td>-----------</td>
<td>------------</td>
<td>-----------------------</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>≤ 935</td>
<td>≤ 1035</td>
<td>≤ 1080</td>
<td>K-8- ≤ 935</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Sodium Target 2 will continue as the regulatory limit in the NSLP, SBP & SSO.

Under NSLP, SBP/SSO, Waiver available from the SA for SY 2021-2022
Saturated/Trans Fat Restrictions at Lunch

• Calories from saturated fat must not exceed 10% of calories (based on a 5-day average)

• Only zero trans fat is acceptable; Naturally-Occurring trans fat is allowable.
Breakfast Meal Pattern
Required Components

These 3 Must be offered every day at Breakfast

- Grains
- Fruit (or Veg)
- Milk

There is NO requirement to offer M/MA at Breakfast!
### School Breakfast Program (SBP) Meal Pattern Requirements for Various Age/Grade Groups

<table>
<thead>
<tr>
<th>Required Component Offerings</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grains / Breads</td>
<td>1 oz. eq./day 7 oz. eq./week</td>
<td>1 oz. eq./day 8 oz. eq./week</td>
<td>1 oz. eq./day 9 oz. eq./week</td>
<td>Require all grains served in the NSLP and SBP must be whole grain rich.</td>
</tr>
<tr>
<td>When creating a K-8 group</td>
<td>8 oz. eq.</td>
<td>9 oz. eq.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fruit</td>
<td>1 cup / day 5 cups / week</td>
<td>1 cup / day 5 cups / week</td>
<td>1 cup / day 5 cups / week</td>
<td>No more than ¼ of the total weekly requirement may be met with 100% full-strength fruit juice.</td>
</tr>
<tr>
<td>Milk 1% or Fat Free Only</td>
<td>1 cup each day; 5 cups per week</td>
<td></td>
<td></td>
<td>In grades K-12, fluid milk must be 1% flavored or unflavored, or fat free flavored or unflavored.</td>
</tr>
<tr>
<td>Calorie Ranges</td>
<td>350-500 calories</td>
<td>400-550 calories</td>
<td>450-600 calories</td>
<td>Minimum and Maximum Calorie ranges in an average 5-day weekly menu</td>
</tr>
<tr>
<td>When creating a K-8 group</td>
<td>400-500 calories</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>When creating a K-12 group</td>
<td>450-500 calories</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Meat / Meat Alternatives (Optional)</td>
<td>0 oz. eq.</td>
<td>0 oz. eq.</td>
<td>0 oz. eq.</td>
<td>May be: (1) substituted for grains once the daily grain requirement is met OR (2) counted as an “extra” item. Menu planner must decide which option.</td>
</tr>
<tr>
<td>Sodium (mg)</td>
<td>≤ 540</td>
<td>≤ 600</td>
<td>≤ 640</td>
<td>When combining grade groups, the more restrictive requirement must be used.</td>
</tr>
</tbody>
</table>
Age Groupings and Menu Planning

Allowable Groupings at Breakfast

- Grades k-5
- Grades 6-8
- Grades 9-12
- You can combine groups into either a k-8 group or a k-12 group

Waiver available from the SA
Grain at Breakfast

A minimum of at least 1 oz eq of “true” grain must be offered daily.

Waiver is available from the SA

<table>
<thead>
<tr>
<th></th>
<th>K-5</th>
<th>6-8</th>
<th>9-12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Grains</td>
<td>1 oz eq/day 7 oz eq/week</td>
<td>1 oz eq/day 8 oz eq/week</td>
<td>1 oz eq/day 9 oz eq/week</td>
</tr>
<tr>
<td>When Creating a K-8 Group</td>
<td>8 OZ EQ</td>
<td></td>
<td></td>
</tr>
<tr>
<td>When Creating a K-12 Group</td>
<td></td>
<td>9 OZ EQ</td>
<td></td>
</tr>
</tbody>
</table>

100% of the grains offered must be whole grain rich. Unless a State Agency waiver has been granted
### Fruit / Veg at Breakfast

Vegetables may be offered interchangeably without restrictions.

Juice MUST be 100% full strength.

<table>
<thead>
<tr>
<th></th>
<th>K-5</th>
<th>6-8</th>
<th>9-12</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Fruit</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>1 cup / day 5 cups/wk</td>
<td>1 cup / day 5 cups/wk</td>
<td>1 cup / day 5 cups/wk</td>
</tr>
<tr>
<td>Reimbursable meal must contain a ½ cup fruit beginning SY 14-15</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Breakfast Milk Component

Must offer at least two DIFFERENT choices of milk each day

Waiver is available from the SA for the 21/22 SY
Optional – Meat / Meat Alternate at Breakfast

There is NO Requirement to offer M/MA at breakfast!

• M/MA may be offered after the daily 1 oz “true” grain requirement is met.

• Menu planner may choose to credit M/MA toward the grain requirement, or they may choose NOT to credit M/MA toward the grain requirement. This decision should be communicated to managers/cashiers!

• If not credited, the M/MA CANNOT be used for OVS purposes.
Meat “magically” becomes a Grain at Breakfast!
# Crediting Meat/Meat Alternate - Breakfast

<table>
<thead>
<tr>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
</tr>
</thead>
</table>
| ➢ Toast, WGR Bread  
➢ Hard Boiled Egg | ➢ Toast, WGR Bread  
➢ Yogurt 4oz | ➢ Toast, White Bread  
➢ Ham Slice 1oz | ➢ Toast, WGR Bread  
➢ Egg Pattie 1oz | ➢ Toast, White Bread  
➢ Chicken Pattie 1oz |

- Each day offers a ‘true grain’ of Toast = 1 oz eq grain.
- The MMA added to each day contributes an additional 1 oz eq grain.
- Therefore, each day offers a total of 2 grains.
- The weekly grain contribution is 10 oz eq.
Conducting a Nutrient Analysis will help you to ensure compliance with

- Caloric ranges
- Sodium limits (waiver available)
- Saturated fat limits
Caloric Range Requirements at Breakfast

Based on a 5-Day Average

<table>
<thead>
<tr>
<th>Calorie Ranges</th>
<th>350-500 calories</th>
<th>400-550 calories</th>
<th>450-600 calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>WHEN CREATING A K-8 GROUP</td>
<td>400-500 calories</td>
<td></td>
<td></td>
</tr>
<tr>
<td>WHEN CREATING A K-12 GROUP</td>
<td></td>
<td>450-500 calories</td>
<td></td>
</tr>
</tbody>
</table>

Minimum and Maximum Calorie ranges in an average 5-day weekly menu

Take note of different configurations of grade groups!
Based on a 5-Day Average

<table>
<thead>
<tr>
<th>Required Component Offerings</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
<th>Specific Requirements</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sodium (mg)</td>
<td>≤ 485</td>
<td>≤ 535</td>
<td>≤ 570</td>
<td>K-8, ≤ 485 K-12, ≤ 485</td>
</tr>
</tbody>
</table>

Waiver available from the SA for 21/22 SY
Saturated/Trans Fat Restrictions at Breakfast

• Calories from saturated fat must not exceed 10% of calories (based on a 5-day average)

• Only zero trans fat is acceptable
Substitutions may be made, and meals may be reimbursable, when those substitutions are supported by a written statement that is signed by a recognized medical authority.

Medical statements must include: recommended alternative foods and the need for the meal modification to accommodate a student with a disability.
NSLP Afterschool Snack Meal Pattern & SSO
Types of Meals

What meals can I serve under SSO?

- Limit of 2 meals per day
- Lunch and supper cannot be reimbursed on the same day
- USDA will continue to allow you to claim ASCP through the NSLP if you are claiming Breakfast and Lunch through SSO.
Requirement for Sites to Participate

- The SFA must participate in the NSLP lunch component in order for a site operated by the SFA to operate the NSLP Afterschool Care Program (ASCP). **This is not required in SY 21/22. USDA is allowing Districts to implement NSLP ASCP even if they are serving Breakfast and Lunch through SSO.**

- The site must sponsor or operate an approved afterschool care program to be eligible

- Includes educational or enrichment activities.
SFA Responsibilities

• Eligibility (Waived SY 21-22)
• Accountability
• Monitoring
• Meal Pattern
• General Areas
How do children qualify for free and reduced-price afterschool snacks?

• If it is an area eligible site, all children receive a snack at no charge

• If the site is not area eligible, the site must use a child’s free and reduced-price status to determine eligibility for the ASCP

• Current waiver allows all sites to be area eligible regardless of location for the 21/22 SY
Eligibility Criteria for ASCP Participation

- SFA must participate in the NSLP (not required for SY 21/22)
- Provide organized, supervised, and regularly scheduled activities after the school day ends
- Include educational or enrichment activity
- Serve students - children 18 years old and under
A **reimbursable snack** must contain full servings of any **two** of the following four food components:

- **Fluid Milk** – 8 ounces
- **Fruit, Vegetable, or 100 percent Juice** – \( \frac{3}{4} \) cup
- **Grain/Bread** – 1 oz eq.
- **Meat/Meat Alternate** – 1 ounce meat, for example
Meal Pattern ASCP

• Each snack provides two different components in full portion size
• Offer Versus Serve not allowed
• Offering Potable Water - The Afterschool Snack Program falls under the jurisdiction of the National School Lunch Program
• Memo SP 24-2020 released by USDA in Aug 2020 indicated that potable water would not have to be available if the meals were served off campus. Water would still need to be made available for services in the cafeteria and the classroom
### ASCP – Menu Planning Tips

<table>
<thead>
<tr>
<th>Meal Pattern Requirement</th>
<th>K-12 Afterschool Snack Service (under NSLP)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Full-strength juice (100% juice)</td>
<td>Juice may not be served at snack when milk is served as the only other component</td>
</tr>
<tr>
<td>Grain-based desserts</td>
<td>Sweet snack foods should not be served more than twice a week</td>
</tr>
<tr>
<td>Crediting</td>
<td>Based on ounce equivalents</td>
</tr>
<tr>
<td>Whole grain-rich</td>
<td>No whole grain-rich requirement</td>
</tr>
</tbody>
</table>
Menu ASCP

- A written menu is required
- Cycle menus recommended
- USDA foods may be used
ASCP Monitoring requirement

• Two On-Site Reviews
  • First must be completed within first 4 weeks of program operations
  • Second prior to the conclusion of the program

• Must Assess compliance with
  • Meal counting and claiming
  • Meal pattern
  • Production records

• Record Retention: USDA required 3 years plus additional year, or (until audit findings are resolved)
# ASCP – Review Form

**Mississippi Office of Child Nutrition**

**ASCP On Site Review**

Directors of School Food Authority (SFA) must review each school year after school care snack site two times per school year. The first review is to be conducted during the first four weeks of the snack program operation. Use this form for documenting the completion of both the first and second review and maintain it on file for audit review purposes.

**Name of School System/Sponsoring Agency:**

**Name and Address of School/Site:**

**Name and Title of Person Interviewed:**

**Date of Operation of Snack Program:**

Indicate if site is sharing or non-sharing.
Indicate if site is Area Eligible or not Area Eligible.

<table>
<thead>
<tr>
<th>First Review Date</th>
<th>Second Review Date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Y</strong></td>
<td><strong>N</strong></td>
</tr>
</tbody>
</table>

1. Is the program operating after school hours?
2. Is an educational or enrichment activity included?
3. Is the breakfast meal being maintained?
4. Do they support the site?
5. Are snack funds kept at the point of service?
6. If the site is not area eligible, does the system record snacks?
7. Provide an accurate count of snacks served by eligibility category?
8. Where daily income records maintained after each solicitation?
9. Is documentation of snacks served maintained?
10. Do menu for all snacks offered, meet or exceed the minimum meal pattern requirements?
11. Are only those snacks served that meet or exceed the meal pattern requirements, accepted for reimbursement?
12. Do production records/delivery receipts support the number of snacks served?
13. Is there adequate identification of a student’s eligibility category at any time during the snack process? (i.e., Serving, recording of counts, payment, solicitation procedures of snack distribution in non-area eligible sites, especially if a hiring program)
14. Were plans for reimbursement followed correctly?

**First Review Completion Determination:**

- Yes No

**Second Review Completion Determination:**

- Yes No

**Comments:**

**Signature of Reviewer:**

**Signature of Reviewer:**

*This institution is an equal opportunity provider.*
Documentation of compliance with meal pattern requirements and production records

(if applicable for area eligible sites), provide documentation of the attendance area within which the applicant sites are located to confirm area eligibility (Waived SY 21-22)

Meal counts (total for sites qualifying for free reimbursement for all children: meal counts by type for other sites)

(if applicable for sites not area eligible) free and reduced-price applications (Waived SY 21-22) for all children for whom free and reduced priced snacks are claimed

Records that Must Be Retained
## Daily Participation Roster

| Lists all students participating | Counts number of reimbursable snacks | Counts taken at point of service (end of line) |
Reimbursement Claims

- Written procedures for how snacks are counted and consolidated
- Claim filing process similar to lunches
- Due by 10th of month following service
- No claims prior to agreement approval for ASCP
Daily Production Record

Must Document:

• Menu
• Meal Components
• Portion Sizes offered, served, and leftover
• Supports number of reimbursable snacks
Meal Service

- Occurs after the end of school day
- No time lapse requirement
- Operated on days school is in session
- Program operated or sponsored by SFA
- SFA retains all administrative and fiscal responsibility
Civil Rights

• Display poster where snacks are served
• Approved non-discrimination statement on all program materials (like menus)
Food Safety

- Add ASCP to school’s existing HACCP Plan
- Written procedures must cover storage, preparation, and service
Offer Versus Serve
Breakfast & Lunch
Offer Versus Serve (OVS)

OVS is a strategy that allows students to decline some components or items and select foods that they intend to eat.

- Reduces food waste and its impact on cost
- Mandatory in the NSLP for high schools – Currently waived by USDA.
- Optional in SBP (all grades)
- Not available for Snack Service
Basic Requirements

If implementing OVS, the site must:

• OFFER all required meal pattern components in minimum quantities.

• Identify near or at the beginning of the serving line those items that constitute a reimbursable meal.

• Have a trained cashier at the end of the serving line to identify reimbursable meals (any alternate POS must be pre-approved by the SA).
OVS at Lunch

NSLP and SSO
OVS Rules at Lunch

7 CFR 210.10 (e) and SP 41 - 2015

- Students must be allowed to decline 2 of the 5 required components
- Students must have 3 components on their tray
- One of those components must be at least a half a cup of fruit or vegetable.

At the very minimum, the student needs two full components plus a half cup of fruit/veg to be considered a reimbursable meal.
If only 3 components are selected and 2 of those are fruit and vegetable, the student may only select the half cup portion for the fruit OR the vegetable. For the other two components, the students must select at least the minimum daily required serving of the components for them to be counted.

For example, if a high school student selects a half cup of corn, a half cup of grapes, and a milk, this is NOT a reimbursable meal!
### OVS- Lunch K-8 or 9-12

<table>
<thead>
<tr>
<th>Menued</th>
<th>Portion</th>
</tr>
</thead>
<tbody>
<tr>
<td>Turkey And Cheese Wrap</td>
<td>3 oz eq M/MA</td>
</tr>
<tr>
<td></td>
<td>1.1/4 oz eq whole grain</td>
</tr>
<tr>
<td>French Fries</td>
<td>½ cup</td>
</tr>
<tr>
<td>Broccoli with cheese sauce</td>
<td>1/2 cup broccoli</td>
</tr>
<tr>
<td>Watermelon</td>
<td>1 cup</td>
</tr>
<tr>
<td>WG Tortilla Chips/ Cheese Sauce</td>
<td>1 oz eq</td>
</tr>
<tr>
<td>Milk Offered</td>
<td>8 oz = 1 cup- varieties: Chocolate, White &amp; Strawberry</td>
</tr>
</tbody>
</table>
OVS– Lunch K-8 or 9-12

Is this Tray Reimbursable?

Yes, Tray is a Reimbursable meal for K-8

No, Tray is not Reimbursable meal for 9-12

Total Components: 3 or 2.5

- Meat: 2 oz. eq.
- Fruit: 1 - C
- Grain – 1.25 oz. eq.
Is this Tray Reimbursable?

No, Tray is not a Reimbursable meal for K-8 & 9-12

Total Components: 2 or 3
- Meat: 2 oz. eq.
- 1 Cup milk
- Grain – 1.25 oz. eq.
Is this Tray Reimbursable?

Yes, Tray is a Reimbursable meal for k-8 & 9-12

Total Components: 2.5
• Vegetable: ½ - C
• Fruit: 1 - C
• 1 Cup milk
OVS at Breakfast

SBP
OVS Rules at Breakfast

7 CFR 220.8(e) and SP 41-2015

- The site must offer at least 4 food items (not to be confused with components, remember there are 3 required components at breakfast)
- Students must be allowed to decline 1 of the 4 items that are offered at breakfast
- Students must select at least a half cup of fruit (or veg)

At minimum, the student must select 3 items, 1 of which must be a minimum of ½ cup of fruit (veg)!
Component Versus Item

- **Component**: one of three food groups (Grains, Fruit, Milk) that comprise a reimbursable breakfast.
- **Item**: a specific food offered within the three food components.

In this menu example, we see three components and four items represented. Two of the items (muffin and toast) come from the same component (grain).

Menu: Muffin, Toast, Apple, Milk
Remember, at lunch we deal with components. At Breakfast we deal with items!
What about Meat at Breakfast?

- M/MA can be offered once a full serving of true grain has been offered on the menu.

- The student does not have to pick up the true grain before they pick up the M/MA. The true grain just has to be on the menu before the M/MA can count.

- The Student can pick up the M/MA and have it count toward the reimbursable meal item total as long as the menu planner has specified that the M/MA will count toward the Grain.
Menu Planner Discretion & Counting Items

- The Menu planner decides how to count items.
- Combination foods can count as multiple items.
- For example, a muffin with 2 oz eq. of grain can count as two items, or a sausage biscuit can count as two items.
- The menu planner must communicate this information to the Cashier!
OVS-SBP/SSO Breakfast Menu offered

Does this menu meet SBP/SSO **OVS** requirement?

Banana
Toast
Yogurt
Milk
Apple

**Menu Acceptable - Yes**
This is what the student selected from the menu. Is this meal reimbursable?

Reimbursable Meal - Yes
Student Selection – SBP Breakfast OVS

Reimbursable Meal?  No
Student Selection – SBP Breakfast OVS

Reimbursable Meal? Yes
Breakfast - Student Takes

Apple = ½ cup fruit

1 4oz = 1 oz M/MA = grain at breakfast

½ cup milk

Reimbursable Meal? Yes
Student Selection – SBP Breakfast OVS

Reimbursable Meal? No
How to Apply for Waivers
Parent Pick up Waiver

Template - SSO Program Year 2021/2022
Parent Pick Up Waiver

District Name:
Application to Participate in Waiver to Allow Parents and Guardians to Pick Up Meals for Children as part of the SSQ (2021-2022 SY)

As allowed by COVID-19 Child Nutrition Response (CNR) Statewide Waiver to Allow Parents and Guardians to Pick Up Meals for Children in SSQ-21-22, issued on 4/28/2021, this waiver is effective between the date of approval and Sept 30, 2021, and may be renewed for the duration of the 2021-2022 SY through 4/30/2022 at the discretion of the SSQ.

Waiver Request Applies to: All Sites Selected Sites (listed below)

1. List of Sites

2. Provide a description of this Parent/Guardian Meal Pick Up system and how it will ensure that Meals are only distributed to parents or guardians of eligible children.

3. Provide a description of how you will ensure that duplicate meals are not distributed to any child.

Application to Participate in Waiver to Allow Parents and Guardians to Pick Up Meals for Children as part of the SSQ (2021-2022 SY)

CERTIFICATION
☐ By checking this box, I acknowledge that information regarding the implementation of this waiver must be reported to the State Agency after the SSQ program ends. A template will be provided by the Office of Child Nutrition.

☐ By checking this box, I acknowledge that the district will have some process in place to validate the number of meals that can be distributed to each parent or guardian. Each adult attempting to pick up a meal must appear on a roster of approved parents or guardians prepared by the Child Nutrition department before meals will be distributed. I certify that all Child Nutrition staff distributing meals are aware of this procedure and have received appropriate training.

Name of Authorized SFA Representative Submitting Form:
Signature of Authorized SFA Representative Submitting Form:
Title of Authorized SFA Representative Submitting Form:
Date Submitted:

STATE AGENCY USE ONLY

Signature of Approving Official:
Date Approved:
☐ Click this box if an extension of the IPP Waiver has been approved by the SA for duration of SY 2021-2022 SY (4/15/2021 through 4/30/2022)
Date Extension Approved:

This Institution is an equal opportunity provider.
**Parent Pick Up Waiver Form**

*Sample Language is Available!*

---

**District Name:**

**Application to Participate in Waiver to Allow Parents and Guardians to Pick Up Meals for Children as part of the SSO (2021-2022 SY)**

As allowed by COVID-19 Child Nutrition Response REE, Nationwide Senior or All-Parents and Guardians to Pick Up Meals for Children (SY 21-22), issued 6/22/2021. The waiver is effective between the date of issue and Sept 30, 2021, unless renewed for the duration of the 2021-2022 SY by the Mississippi Department of Education.

**Waiver Request/Approval:**

1. List of Sites:

2. Provide a description of the Parent/Guardian Meal Pick-Up program and how it will ensure that Meals are only distributed to parents or guardians of eligible children.

3. Provide a description of the Parent/Guardian Meal Pick-Up program and how it will ensure that Meals are only distributed to parents or guardians of eligible children.

---

**Application to Participate in Waiver to Allow Parents and Guardians to Pick Up Meals for Children as part of the SSO (2021-2022 SY)**

**INTRODUCTION**

- By checking this box, I acknowledge that information regarding the implementation of this waiver must be reported to the State Agency after the SSO program ends. A sample will be provided by the Office of Child Nutrition.
- By checking this box, I acknowledge that the district will have some person(s) in place to validate the number of meals that can be distributed to each parent or guardian. Each adult attempting to pick up a meal must appear on a roster of approved parents or guardians prepared by the Child Nutrition Department before meals will be distributed. I certify that all Child Nutrition staff distributing meals are aware of this procedure and have received appropriate training.

**Name of Authorized SFA Representative Submittal Form:**

**Signature of Authorized SFA Representative Submittal Form:**

**Title of Authorized SFA Representative Submittal Form:**

**Date Submitted:**

**STATE AGENCY USE ONLY**

**Signature of Approving Official:**

**Date Approved:**

**Sub-Title Use if an extension of the SSO waiver has been approved by the State for duration of SY 2021-2022:**

**Date Extension Approved:**

---

This institution is an equal opportunity provider.
Parent Pick Up

You MUST have a plan for verifying the eligible children!

- Added an additional certification to the waiver
- You must have a plan to verify eligible children
- You must have a roster
- You must train your staff
- Adults should NOT be walking up and picking up meals without being verified
- Do NOT tell the SA, “Oh, my staff know my families…”
Parent/Guardian Application

District Name:

Child Nutrition Program Parent Pick Up Approval

<table>
<thead>
<tr>
<th>Name of Participating Child</th>
<th>Name of Participating Child</th>
</tr>
</thead>
<tbody>
<tr>
<td>Name of Participating Child</td>
<td>Name of Participating Child</td>
</tr>
<tr>
<td>Name of Participating Child</td>
<td>Name of Participating Child</td>
</tr>
<tr>
<td>Name of Participating Child</td>
<td>Name of Participating Child</td>
</tr>
<tr>
<td>Name of Participating Child</td>
<td>Name of Participating Child</td>
</tr>
</tbody>
</table>

I acknowledge that all information on this form is true. I understand that SFSP/CACFP officials may verify the information. I understand that if I purposely give false information, the participant receiving meals may lose the meal benefits through the USDA Program.

Parent/Guardian Sign Name: __________________________

Parent/Guardian Print Name: __________________________

District/Organization Use Only

1. The Sponsor's authorized representative, acknowledge to the best of my ability that the above information is correct and will provide meals to the Parent/Guardian for the above children listed.

Sponsor Signature: __________________________ Date: ____________

This Institution is an equal opportunity provider. Rev. 9/8/2020
• Match district Information with enrolled students to household
• Non-students
  Birth certificates or
  Court Documents
Meal Pattern Waivers

SSO Program Year 2021/2022
• Nationwide Waiver to Allow Specific School Meal Pattern Flexibility for SY 2021-2022

• FNS waives the requirement to serve meals that meal specified meal pattern requirements during the public health emergency due to COVID-19

• This waiver applies to local organizations operating the NSLP, SBP, and SSO.
Am I eligible for a Meal Pattern Waiver?

- USDA expects that flexibilities will only be utilized as needed, and furthermore expects that operators look to other alternatives prior to utilizing these flexibilities.

- All requests must be targeted and justified with a demonstrated need based on plans to support access to nutritious meals while minimizing potential exposure to COVID-19.

- **IF YOU HAVE RETURNED TO NORMAL, CONGREGATE FEEDING, MEAL PATTERN WAIVERS MAY NOT BE APPROVED**

- If requested, all sodium waivers will be granted by the SA with no justification necessary.
What kind of Meal Pattern Waivers can I apply for?

- USDA was very specific regarding what flexibilities can be approved.
- Local Operators can request the following flexibilities as needed
  - Sodium (will be automatically approved)
  - Whole Grain Rich requirements at all levels including Pre-K
  - Vegetable Subgroups
  - Milk Varieties
  - Flavored Milk
  - Age/Grade Groups
Applying for Meal Pattern Waivers

Meal Pattern Waiver Request for School Food Authorities (SFAs) Implementing the SSO, NSLP, or SBP in School Year 2021-2022

USDA Waivers grant meal pattern flexibility for all schools operating the SSO, NSLP, or SBP during the 2021-2022 School Year (SY). In order to take advantage of those flexibilities, local operators must obtain State Agency (SA) approval.

This form may be utilized to request a waiver of the requirements at 7 CFR 210.10 (b), (c), (f), (o), and (p) as it relates to the meal pattern for the National School Lunch Program (NSLP); as well as requirements at 7 CFR 220.6 (b) (c) (f), and (u) as it relates to the meal pattern for the School Breakfast Program (SBP).

The meal pattern flexibilities granted in this waiver are effective as of the date of SA approval, and remain in effect until June 30, 2022.

All waiver requests must be targeted and justified and based on plans to support access to nutritious meals while minimizing potential exposure to COVID-19 during SY 2021-2022. Waiver requests should be as limited in scope as possible to ensure children still have access to all vital nutrients.

For more information, please visit MDE OCN webpage: https://www.mdeik12.org/OCN

| District/Organization Name: ____________________________ |
| Name of Person Submitting Application: ____________________ |
| Title of the Person Submitting Application: __________________ |
| Signature: ____________________________ |
| Date: ____________________________ |

My School District is implementing: Traditional Learning, Virtual Learning, Hybrid Learning

All Waivers Requested Herein:
- Sodium Flexibility
- Vegetable Subgroup Flexibility
- Whole Grain Flexibility (for any age group)
- Milk Variety Flexibility
- Age Group Flexibility

By clicking this box I certify that I understand that these meal pattern flexibilities will only be utilized for the duration and extent that they are needed.

This Institution is an Equal Opportunity Provider. Revised 6/16/2021
Automatic approved
Districts must
Request to participate
Vegetable Sub-groups

Meal Pattern Waiver Request for School Food Authorities (SFAs) Implementing the SSO, NSLP, or SBP in School Year 2021-2022

Vegetable Subgroup Flexibility Waiver

Organizer Name: ____________________________ Request this Waiver: YES NO

Request to waive requirement to offer a variety of vegetables from the vegetable subgroups, at 7 CFR 210.10(c) and/or 220.8(c).

V1. The Vegetable subgroup waiver will apply to the following meals: Breakfast Lunch

V2. The Vegetable subgroup waiver will apply to the following delivery strategies:

Gras & Go Meals to the Classroom Bus delivery Shelf-stable foods

V3. The meals served that are subject to this vegetable subgroup waiver will implement OV3 not implement OV3

V4. The meals served that are subject to this waiver will be primarily

“Hot” meals “Cold” meals

V5. Describe your barriers to meeting the Meal Pattern Requirement and indicate which vegetable subgroups you may not be able to offer in full quantities over the course of the week.

Red/Orange Starchy Beans/Pease Dark Green Other

V6. Describe your plan to maintain standards to the greatest extent possible by selecting all vegetable subgroups that you will offer in full quantities over the course of the week.

Red/Orange Starchy Beans/Pease Dark Green Other

V7. How will this waiver request plan minimize potential exposure to COVID-19?

State Agency Use

Date Received: ____________________________ SA Decision: Approved Denied

SA Flat Signature: ____________________________ Process Date: ____________________________

Denial Reason: ____________________________
Whole Grain Rich Flexibility Waiver

Meal Pattern Waiver Request for School Food Authorities (SFAs)
Implementing the SSO, NSLP, or SBP in School Year 2021-2022

Whole Grain Rich Flexibility Waiver

Request to waive the requirement that grain offered must be whole grain rich at 7 CFR 210.10 (c) and/or 220.8 (c). By checking yes below in question W.2, request to waive the requirement that preschoolers be served at least once per day across all eating occasions of at least one serving of whole grain rich grain at 7 CFR 210(c)(3) and (p); and/or 220.8(c).

W.4. Plan to maintain standards to the greatest extent possible.

W.5. How will this waiver request/plan minimize potential exposure to COVID-19?
Milk Variety Flexibility Waiver

Meal Pattern Waiver Request for School Food Authorities (SFAs)
Implementing the SSO, NSLP, or SBP in School Year 2021-2022

Milk Variety (Choice of Milk) Flexibility Waiver

Request to waive the requirement to offer a variety of fluid milk choices at 7 CFR 210.10 (d) (1) (i) and/or 210.6 (d).

M.1. The Milk Variety waiver will apply to the following meals: Breakfast Lunch

M.2. The Milk Variety waiver will apply to the following delivery strategies: Grab & Go Meals to the Classroom Parent Pick Up Bus Delivery Congregate Feeding in the Cafeteria Shelf Stable Packages

M.3. The Meals served that are subject to this milk Variety Waiver will implement OVS not implement OVS

M.4. Barrier to meeting the Meal Pattern Requirement

M.5. Plan to maintain standards to the greatest extent possible

M.6. How will this waiver request/plan minimize potential exposure to COVID-19?

State Agency Use
Date Received: ___________ SA Decision: Approved Denied
SA Rep Signature: ______________ Process Date: ___________

Denial Reason: ____________________________

This Institution is an Equal Opportunity Provider. Revised 6/10/2021
## Age/Grade Group Flexibility Waiver

### Meal Pattern Waiver Request for School Food Authorities (SFAs) Implementing the SSO, NSLP, or SBP in School Year 2021-2022

#### Age/Grade Group Flexibility Waiver

- **Org Name:**
- **Request this Waiver:** YES NO
- **Request to waive the requirement to offer food components for specified age/grade groups in the state combinations at 7 CFR 210.10 (c) and/or 220.9 (c).**

#### A.1. The Age/Grade Group waiver will apply to the following meals:
- Breakfast
- Lunch

#### A.2. The Age/Grade Group waiver will apply to the following delivery strategies:
- Grab & Go
- Meals to the Classroom
- Parent Pick Up
- Bus Delivery
- Shelf Stable Packages

#### A.3. Barrier to meeting the Meal Pattern Requirement

#### A.4. Plan to maintain standards to the greatest extent possible (exclude plans for candles, fruit, and veg)

#### A.5. How will this waiver request/plan minimize potential exposure to COVID-19?

---

### Food Components

<table>
<thead>
<tr>
<th>Age/Grade Groups</th>
<th>Grades K-5</th>
<th>Grades 6-8</th>
<th>Grades 9-12</th>
</tr>
</thead>
</table>

---

**State Agency Use**
- **Date Requested:**
- **SA Decision:** Approved Denied
- **SA Rep Signature:**
- **Process Date:**
- **Denial Reason:**

---

This institution is an equal opportunity provider. Revised 06/18/2021
Flavored Milk Flexibilities

For school not on State Purchasing Program

District Contact Information

Meal Pattern Waiver Request (Flavored Milk Flexibilities) for School Food Authorities (SFAs) Implementing the SSO, NSLP, or SBP in School Year 2021-2022

USDA Waivers grant meal pattern flexibility for all schools operating the SSO, NSLP, or SBP during the 2021-2022 School Year (SY). In order to take advantage of these flexibilities, local operators must obtain State Agency (SA) approval.

This form may be utilized to request a waiver of the requirements at 7 CFR 210.10(c) and (d)(1)(i), and 220.6 (c) and (d). The meal pattern flexibilities granted in this waiver are effective as of October 1, 2021, and remain in effect until June 30, 2022.

Waiver requests must be targeted and justified based on plans to support access to nutritious meals while minimizing potential exposure to COVID-19 during SY 2021-2022. Waiver requests should be as limited in scope as possible to ensure children still have access to all vital nutrients.

For more information, please visit MDE CCN webpage: https://www.mdek12.org/CCN

District/Organization Name: ________________________________

Name of Person Submitting Application: _____________________________

Title of the Person Submitting Application: ___________________________

Signature: _____________________________

Date: _____________________________

My School District is implementing: Traditional Learning, Virtual Learning, Hybrid Learning

By clicking this box I certify that I understand that these meal pattern flexibilities will only be utilized for only the duration and extent that they are needed.
Flavored Milk Template

Meal Pattern Waiver Request (Flavored Milk Flexibilities) for School Food Authorities (SFAs) Implementing the SSO, NSLP, or SBP in School Year 2021-2022

Flavored Milk Flexibility Waiver

Org Name: __________

Request to waive requirement that low-fat milk must be unflavored at 7 CFR 210.10(a) and 210.11(f), and 220.8(e) and (d).

1. The flavored milk waiver will apply to the following meals: Breakfast Lunch

2. Barrier to meeting the Meal Pattern Requirement

3. Plan to maintain standards to the greatest extent possible

4. How will this waiver request/plan minimize potential exposure to COVID-19?

_________________________________________________________________________

State Agency Use
Date Received: __________ SA Decision: Approved Denied
SA Rep Signature: __________ Process Date: __________

Denial Reason: ____________________________________________________________________________

This Institution is an Equal Opportunity Provider. Revised 07/16/2021
USDA expects that flexibilities will only be utilized as needed

• Even if your waiver is approved and effective through June 30, 2022, these meal pattern flexibilities should only be utilized as needed.

• If you return to normal operations, you should return to the normal meal pattern
Questions
This institution is an equal opportunity provider.

Mary Burks
School Support Division
mburks@mdek12.org;