

Wellness Policy

State Conference

July 7 & 8, 2020



MISSISSIPPI
DEPARTMENT OF
EDUCATION

Mary Burks

Division of School Support, Director
mburks@mdek12.org

VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens

MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community

Law required

- Local educational agencies (LEA) participating in the National School Lunch Program and/or School Breakfast Program are required to develop a local school wellness policy that promotes:
- The health of students and addresses the problem of childhood obesity.
- Wellness policies are tailored to the unique needs of each LEA and present an opportunity to improve the health of each community.

Content of the Wellness Policy

- Nutrition promotion and
- Education,
- Physical activity, and
- Other school-based activities that are designed to promote student wellness (7 CFR 210.31(c)(1));

Content of the Wellness Policy

- Standards and nutrition guidelines for all foods and beverages available on the school campus during the school day.
- Local school wellness policies are required to address foods and beverages that are both sold and made available at **no cost** to students.

Triennial Assessment

- Conduct an assessment of the LWP, at a minimum, every 3 years (*New)
- The results of the assessment would be made available to the public. (annually notify the public about the content of the local school wellness policy and any updates to the policy as stated in 7 CFR 210.31(d)(2)).

Triennial Assessment

- **Assessment should determine:**
- Compliance with the LWP
- How the LWP compares to model LWPs
- Progress made in attaining the goals of the LWP

Triennial Assessment

- The first triennial assessment must be completed by June 30, 2020.
- Due to COVID -19 it is waved.

- Memo #18
- Applies to NSLP, SBP
- Issued 4/23/2020
- **LEAs wishing to accept new deadline must inform the SA by June 30, 2020.**
- This waives the requirement that LEAs conduct triennial assessments of LSWP by June 30, 2020, and instead allows LEAs to conduct assessments by **June 30, 2021**.

Submit the second triennial assessment June 30, 2024

Public Notification

- Required to annually notify the public about the content of the local school wellness policy and any updates to the policy as stated in 7 CFR 210.31(d)(2).
- Made available to the public, such as a copy of the LEA/school webpage and/or the school newsletter or local newspaper where the local school wellness policy and assessment results have been posted;

Public Notification

Best practices include:

- School websites,
- Linking to the policy on individual school social media accounts, sending updates in a parent or school newsletter,
- Posted on school bulletin boards.
- Placing a blurb in a local community newsletter or newspaper.

Who is responsible for conducting the assessments?

- LEAs must designate at least one LEA or school official(s) as responsible for determining the extent to which each school under their jurisdiction is in compliance with their wellness policies (7 CFR 210.31(e)(1))
- Report must be made available to the public (7 CFR 210.31(d)(3)).

Required

- Address foods and beverages that are both **sold** and made available at **no** cost to students.

Administrative Review

- Review the written local school
- Compliance with community involvement requirements
- Annual updates
- Copy of the LEA/school webpage and/or the school newsletter or local newspaper where the local school wellness policy and assessment results have been posted;

Administrative Review

- How the policy compares to model policies; and
- That a triennial assessment of the local school wellness policy was conducted for each school under its jurisdiction.

Reporting Requirement

Each organization accepted the wavier:

- Submit a report 1 year later

The report must include:

- A summary of the wavier
- A description of weather and how this waiver resulted in improved services to Program participants.

Resources

- Child Nutrition Sharing Site: <https://theicn.org/cnss/>
- <https://www.healthiergeneration.org/app/resources>
- <https://www.fns.usda.gov/tn/local-school-wellness-policy>

Non- Discrimination Statement

This institution is an equal opportunity provider.

Full Statement

<http://www.mde.k12.ms.us/docs/child-nutrition/usda-nondiscrimination-statement-2016.pdf?sfvrsn=2>



MISSISSIPPI
DEPARTMENT OF
EDUCATION

Mary Burks

Division of School Support, Director
mburks@mdek12.org

mdek12.org

