

Unit #1 Title: Targeting Careers

Lesson Title: My School Goal (Part 3) **Lesson:** 3 of 4

Grade Level: 3

Length of Lesson: 30 minutes sessions

Mississippi College and Career Readiness Standard:
SL.3.1, SL.3.1b, SL.3.1c, SL.3.1d

American School Counselor Association (ASCA) Mindsets and Behaviors:
M 3, M 5, M 6
B-LS.4, B-LS.7
B-SM.4, B-SM.5

Materials and Resources (include handouts or supporting documents)

My Goal Sheet Student Mini Goal Sheet
My School Goal Weekly Goal Sheet completed during Lesson 2
 Board, flip chart or other visual media, pencil or chalk

Enduring Life Skill(s)

X	Perseverance		Integrity	X	Problem Solving
	Courage		Compassion		Tolerance
	Respect	X	Goal Setting	X	Decision Making

Lesson Measurable Learning Objectives:

The student will evaluate progress toward a goal.

Lesson Formative Assessment (acceptable evidence):

Assessment should relate to the performance outcome for goals and objectives.
Assessment can be question answer, performance activity, etc.
 The student will review his/her weekly goal sheet and evaluate the success of his/her actions toward accomplishment of his/her goal (self-assessment—Rethink-Revise/Refine-Reflect).

Lesson Preparation

Essential Questions:
 Why do people review and reflect on their goals?

Engagement: Think about how your day has gone so far today. Students will raise their hands as the counselor shares the words underlined words below.
 Feedback: Great...why? Okay...Why? Not good...Why? One or two students will explain why they rated their days as they did.

Procedures

Instructor Procedures/Instructional Strategies:	Student Involvement/Instructional Activities:
<ol style="list-style-type: none"> 1. The instructor asks students to brainstorm in small groups of four or five, and share their meaning of “evaluation.” Instructor asks “Evaluation is like feedback. How did you do?” 2. Students are given the weekly goal setting plan they completed during the last session to review and evaluate the success of their actions. 3. Students are asked to write their self-evaluation feedback on the plan they developed in Lesson 2. 4. Instructor asks students to share their self-evaluation feedback in small groups and then asks a few students to share “learning” with the larger group. 5. At the end of class the instructor asks students to continue to set short term goals for their schoolwork. 	<ol style="list-style-type: none"> 1. Students brainstorm their ideas in small group and share their ideas with the larger group. 2. Students self-assess how they did with accomplishing their short-term goal after reviewing their <i>Student Mini Goal Sheet</i> that is taped to their desk. 3. Students evaluate their success using the following scale: <ol style="list-style-type: none"> a. I completed my goal. b. I improved my goal. c. I am still working on my goal. d. I didn’t do anything to accomplish my goal. 4. Students share their self-evaluation feedback and/or an “idea” they learned. 5. Students take a supply of mini goal sheets to continue to use in their goal setting.

Teacher Follow-Up Activities

The instructor encourages the teacher to have students set weekly short-term goals using the mini goal sheet.

Counselor reflection notes (completed after the lesson)

Student Mini Goal Sheet

<p style="text-align: center;"><i>My Goal Sheet</i></p> <p>Name _____</p> <p>Date _____</p> <p>Goal 1 _____</p> <hr/> <p>Feedback before next session: Mark daily: 1. Did a good job 2. OK 3. Keep working</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <th style="padding: 2px;">Mon.</th> <th style="padding: 2px;">Tues.</th> <th style="padding: 2px;">Wed.</th> <th style="padding: 2px;">Thurs.</th> <th style="padding: 2px;">Fri.</th> </tr> <tr> <td style="height: 30px;"></td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p>Comments: _____</p>	Mon.	Tues.	Wed.	Thurs.	Fri.						<p style="text-align: center;"><i>My Goal Sheet</i></p> <p>Name _____</p> <p>Date _____</p> <p>Goal 1 _____</p> <hr/> <p>Feedback before next session: Mark daily: 1. Did a good job 2. OK 3. Keep working</p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <th style="padding: 2px;">Mon.</th> <th style="padding: 2px;">Tues.</th> <th style="padding: 2px;">Wed.</th> <th style="padding: 2px;">Thurs.</th> <th style="padding: 2px;">Fri.</th> </tr> <tr> <td style="height: 30px;"></td> <td></td> <td></td> <td></td> <td></td> </tr> </table> <p>Comments: _____</p>	Mon.	Tues.	Wed.	Thurs.	Fri.					
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