**Responding to Viruses in Schools**

As with many illnesses the onset of fever may be the first indication of illness, along with coughing, sneezing, runny nose, muscle aches. The more serious cases can experience complicated respiratory symptoms especially in children with asthma.

CDC K-12 and Childcare Seasonal Flu Video

<https://youtu.be/8msgeGjI3xU>

CDC Guidance for Flu Prevention for Schools & Childcare

<https://www.cdc.gov/nonpharmaceutical-interventions/school/index.html>

CDC Guidance for Flu Prevention for Parents

<https://www.cdc.gov/nonpharmaceutical-interventions/school/parents-childcare-k-12-students.html>

CDC How to Clean and Disinfect Schools to Help Slow the Spread of Flu:

<https://www.cdc.gov/flu/school/cleaning.htm>

**School response:**

* 1. Have current individual Student Asthma Plans readily accessible
  2. Provide hand washing instructions for teachers and students
  3. Have soap, water, and paper towels available for hand washing
  4. Make hand sanitizer readily available
  5. Implement standard cleaning precautions according to CDC guidelines
  6. Provide disinfectant wipes for surfaces such as keyboards
  7. Separate ill students/staff and make appropriate medical referral
  8. Follow CDC guidelines on cleaning and disposal of items soiled with bodily fluids from a person suspected of illness.
  9. Engage school crisis management plan if necessary

**Additional Resources**

**Health in Action** Lesson Plans Dealing with Communicable Diseases:

<http://lessonplans.movetolearnms.org/Search.aspx>

*Note: Even though these lessons are identified by grade level, a teacher can use the ideas and the information presented at any grade level that they feel is appropriate.*

**Grades K-2:**

* My Hands are Clean (this lesson utilizes United Streaming)

<https://lessonplans.movetolearnms.org/Detail.aspx?id=35184735-16bc-4225-ba42-1bde7d66a7d0>

* Keeping the Flu Away

<https://lessonplans.movetolearnms.org/Detail.aspx?id=c2d63b99-4d5b-4180-8f86-e23b84d5d110>

* Safety and Medicines

<https://lessonplans.movetolearnms.org/Detail.aspx?id=5e142264-cfc5-41bb-b6e7-b476ad3ad9a3>

* Immunizations

<https://lessonplans.movetolearnms.org/Detail.aspx?id=c3936a31-1fbc-44f9-8b42-204dfeec5632>

* Mr. Germ Head

<https://lessonplans.movetolearnms.org/Detail.aspx?id=555c3328-0ea5-497e-8089-ad224e3f82d9>

**Grades 3-5:**

* Do I Have to Wash My Hands?

<https://lessonplans.movetolearnms.org/Detail.aspx?id=00c0d186-cfe0-4a29-b440-9b87389e3287>

**Grades 6-8:**

* Don’t be Sick

<https://lessonplans.movetolearnms.org/Detail.aspx?id=33599ce8-c5c1-4046-9b21-fb567d9ccb87>

* Doctor, Doctor

<https://lessonplans.movetolearnms.org/Detail.aspx?id=5c8f57c0-7702-4f38-a135-1f8a975ca0ae>

**Additional Resources, Continued**

**Grades 9-12:**

* And you are…….

<https://lessonplans.movetolearnms.org/Detail.aspx?id=bedef997-5f45-4a6f-a6f0-37459bc39cd9>

* Clean Hands Are Happy Hands

<https://lessonplans.movetolearnms.org/Detail.aspx?id=7c18d428-7356-4805-8b1c-2bd48b9843a0>