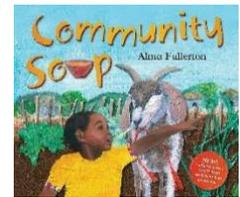
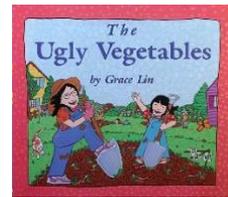




Home Link - English



Dear Families: In this unit, your child will be learning about things that grow. Try at least three of these fun learning activities, or do them all! The most important thing is to enjoy time with your child and learn about what is happening in the classroom. Please color in the boxes of the activities you choose and return this form to school next Monday. **HAVE FUN!**

Child's Name: _____

Discovery

Making Soup: (Related to *The Ugly Vegetables* and *Community Soup*)

Invite your child to make soup with you by either following a favorite family recipe or using this one:

Pumpkin Vegetable Soup

Ingredients:

- 1 cup pumpkin
- 1 sweet potato
- 1 cup of mixed vegetables (beans, carrots, corn, celery)
- 6 cups of vegetable stock
- 1-inch ginger root, peeled and minced
- 1 stick cinnamon
- 2 cloves of garlic, chopped
- ¼ teaspoon each: parsley, basil, and chili flakes (leave out the chili if you want)
- ½ cup goats milk (you can use regular milk or coconut milk)
- salt and pepper (a dash)

Peel and chop the pumpkin, sweet potato, and mixed vegetables. Put them all in a large pot. Add the vegetable stock, ginger root, and the cinnamon. Bring the pot to a boil and reduce it to a simmer. Add the garlic, parsley, basil, and chili flakes. Simmer for 30 minutes.

Add the milk, salt, and pepper. Turn off the heat and take out the cinnamon stick. Use a hand blender or a regular blender to puree the soup. Serve the soup with diced peppers and parsley sprinkled on top.

Literacy

Sing Together: This is a song your child should be familiar with.

Mary Had a Little Lamb

Mary had a little lamb
 Little lamb, little lamb.
 Mary had a little lamb
 Its fleece was white as snow.
 And everywhere that Mary went
 Mary went, Mary went.
 Everywhere that Mary went
 The lamb was sure to go.

He followed her to school one day
 School one day, school one day.
 He followed her to school one day
 Which was against the rules.
 It made the children laugh and play
 Laugh and play, laugh and play.
 It made the children laugh and play
 To see a lamb at school.

Talk and Read Together

(20 minutes)

Conversation Starters:

- What do you think this book will be about?
- What is your favorite part of the story?
- What is the first thing that happens in the story?
- What do you think will happen next?
- What is your favorite character?

Language

Writing a Recipe: (Related to *The Ugly Vegetables* and *Community Soup*)

- Look up some recipes in a book or online: search “best soup recipes for kids.”
- Invite your child to make up a recipe for soup or something else they want to cook.
- Together, write down the list of ingredients and the steps for how to make your recipe.
- Invite your child to illustrate the recipe.

Conversation starters:

- Why do you think you need to follow a recipe?
- What do you think would happen if you did not follow a recipe?

Math

Body Parts Shapes:

Invite your child to make shapes using different parts of your body, such as fingers, hands, arms, legs, feet, and the whole body.

Conversation Starters:

- How could we make a circle using our hands?
- How could we make a triangle using our arms?
- How could we make a square using _____?
- How do you know it is a _____?
- What are the attributes of a _____?

Remember:

- A triangle has 3 straight, connected sides and 3 angles or corners.
- A rectangle has 4 straight, connected sides; the opposite sides are equal, and it has 4 angles or corners.
- A square is a special kind of rectangle that has 4 straight connected sides that are all the same length and 4 angles or corners.
- A circle is a continuous curved line.

Reading Log

Check off each day that you and your child read a story together. The books can be in English or in your home language. Visit your public library for great books about things that grow!

Monday ____ Tuesday ____ Wednesday ____ Thursday ____ Friday ____ Saturday ____ Sunday ____

Books we are reading in school:

Community Soup by Alma Fullerton
The Ugly Vegetables by Grace Lin

Other books you and your child might enjoy:

Growing Vegetable Soup by Louis Elhert
Market Day by Louis Elhert

Tips for Reading Together:

- Sit together in a quiet, cozy spot.
- As you read, highlight and define new vocabulary. For example, “A **community garden** is a piece of land gardened by a group of people in a community.”
- As you read, ask your child questions pertaining to the book. For example, “Why does the community depend on the garden as a food source?”