



BUILDING BLOCKS CLIPBOARD DIRECTIONS

Day 1

Patterns:

Oh, Dear, What Could the Pattern Be?

Sing together “Oh, Dear What Could the Pattern Be?”, sung to the tune of “Oh Dear, What Can the Matter Be?”

*Oh dear, what can the pattern be?
(Repeat two more times)
Let’s look at the pattern and see.*

Pattern Strips (the Core)

*Remember last week when we learned about patterns?
Today, I am going to show you an AAB pattern! Let’s
look at the pattern and see.*

Create a vertical/vertical/horizontal, vertical/vertical/horizontal, vertical/vertical/horizontal pattern using popsicle sticks, toothpicks, or coffee stirrers.

*Can anyone describe the pattern's core unit?
Remember, the core unit is part of the pattern that
repeats!*

Guide children in repeating the core unit: vertical/vertical/horizontal. Have children create only the core unit of the pattern with popsicle sticks, toothpicks, or coffee stirrers. Repeat with other pattern strips that use positional patterns as time permits.

Day 2

Patterns:

Count and Move in Patterns

Let’s count in a pattern!

In patterns of 4, count aloud from 1 to 20 or an appropriate number.

For example:
*One (clap), two (clap),
three (clap), four (hop), pause...*

*five (clap), six (clap),
seven (clap), eight (hop), pause...*

Continue to the desired number.

Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

*Today, we are going to make a pattern using connecting
cubes!*

What do you think the core unit is?

Display the cube strip to children.

The core unit of the pattern is blue/blue/yellow.

Can everyone make the core unit of the pattern?

Repeat with a different core unit, such as yellow/blue/red.

Day 3

Patterns:

Listen and Copy

We are going to make an AAB pattern!

Clap and jump 1 to 5 times in a pattern and invite children to clap with you.

For example:

One (clap), two (clap), three (jump), pause...

Four (clap), five (clap), six (jump), pause...

Seven (clap), eight (clap), nine (jump), pause...

Keep the pauses distinct.

- *Can anyone tell me what the pattern is (two claps, then one jump or AAB).*

Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

Today, we are going to make a pattern using connecting cubes!

What do you think the core unit is?

Display the cube strip to children.

The core unit of the pattern is blue/blue/yellow.

Can everyone make the core unit of the pattern?

Repeat with a different core unit, such as yellow/blue/red.

Day 4

Patterns:

Count and Move in Patterns

Let's count in a pattern!

In patterns of 4, count aloud from 1 to 20 or an appropriate number.

For example:

One (clap), two (clap),

three (clap), four (hop), pause...

five (clap), six (clap),

seven (clap), eight (hop), pause...

Continue to the desired number.

Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

Today, we are going to make a pattern using connecting cubes!

What do you think the core unit is?

Display the cube strip to children.

The core unit of the pattern is blue/blue/yellow.

Can everyone make the core unit of the pattern?

Repeat with a different core unit, such as yellow/blue/red.

Day 5

Patterns:

Listen and Copy

We are going to make an AAB pattern!

Clap and jump 1 to 5 times in a pattern and invite children to clap with you.

For example:

One (clap), two (clap), three (jump), pause...

Four (clap), five (clap), six (jump), pause...

Seven (clap), eight (clap), nine (jump), pause...

Keep the pauses distinct.

- *Can anyone tell me what the pattern is (two claps, then one jump or AAB).*

Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

Today, we are going to make a pattern using connecting cubes!

What do you think the core unit is?

Display the cube strip to children.

The core unit of the pattern is blue/blue/yellow.

Can everyone make the core unit of the pattern?

Repeat with a different core unit, such as yellow/blue/red.