



# BUILDING BLOCKS CLIPBOARD DIRECTIONS

## Day 1

### Patterns:

#### Oh, Dear, What Could the Pattern Be?

Sing together “Oh, Dear What Could the Pattern Be?”, sung to the tune of “Oh Dear, What Can the Matter Be?”

*Oh dear, what can the pattern be?  
(Repeat two more times)  
Let’s look at the pattern and see.*

### Pattern Strips (the Core)

*Remember last week when we learned about patterns?  
Today, I am going to show you an AAB pattern! Let’s  
look at the pattern and see.*

Create a vertical/vertical/horizontal, vertical/vertical/horizontal, vertical/vertical/horizontal pattern using popsicle sticks, toothpicks, or coffee stirrers.

*Can anyone describe the pattern's core unit?  
Remember, the core unit is part of the pattern that  
repeats!*

Guide children in repeating the core unit: vertical/vertical/horizontal. Have children create only the core unit of the pattern with popsicle sticks, toothpicks, or coffee stirrers. Repeat with other pattern strips that use positional patterns as time permits.

## Day 2

### Patterns:

#### Count and Move in Patterns

*Let’s count in a pattern!*

In patterns of 4, count aloud from 1 to 20 or an appropriate number.

For example:  
*One (clap), two (clap),  
three (clap), four (hop), pause...*

*five (clap), six (clap),  
seven (clap), eight (hop), pause...*

Continue to the desired number.

### Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

*Today, we are going to make a pattern using connecting  
cubes!*

*What do you think the core unit is?*

Display the cube strip to children.

*The core unit of the pattern is blue/blue/yellow.*

*Can everyone make the core unit of the pattern?*

Repeat with a different core unit, such as yellow/blue/red.

## Day 3

### Patterns:

#### Listen and Copy

*We are going to make an AAB pattern!*

Clap and jump 1 to 5 times in a pattern and invite children to clap with you.

For example:

*One (clap), two (clap), three (jump), pause...*

*Four (clap), five (clap), six (jump), pause...*

*Seven (clap), eight (clap), nine (jump), pause...*

Keep the pauses distinct.

- *Can anyone tell me what the pattern is (two claps, then one jump or AAB).*

### Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

*Today, we are going to make a pattern using connecting cubes!*

*What do you think the core unit is?*

Display the cube strip to children.

*The core unit of the pattern is blue/blue/yellow.*

*Can everyone make the core unit of the pattern?*

Repeat with a different core unit, such as yellow/blue/red.

## Day 4

### Patterns:

#### Count and Move in Patterns

*Let's count in a pattern!*

In patterns of 4, count aloud from 1 to 20 or an appropriate number.

For example:

*One (clap), two (clap),*

*three (clap), four (hop), pause...*

*five (clap), six (clap),*

*seven (clap), eight (hop), pause...*

Continue to the desired number.

### Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

*Today, we are going to make a pattern using connecting cubes!*

*What do you think the core unit is?*

Display the cube strip to children.

*The core unit of the pattern is blue/blue/yellow.*

*Can everyone make the core unit of the pattern?*

Repeat with a different core unit, such as yellow/blue/red.

## Day 5

### Patterns:

#### Listen and Copy

*We are going to make an AAB pattern!*

Clap and jump 1 to 5 times in a pattern and invite children to clap with you.

For example:

*One (clap), two (clap), three (jump), pause...*

*Four (clap), five (clap), six (jump), pause...*

*Seven (clap), eight (clap), nine (jump), pause...*

Keep the pauses distinct.

- *Can anyone tell me what the pattern is (two claps, then one jump or AAB).*

### Cube Patterns:

Create a pattern using three cubes (blue/blue/yellow).

*Today, we are going to make a pattern using connecting cubes!*

*What do you think the core unit is?*

Display the cube strip to children.

*The core unit of the pattern is blue/blue/yellow.*

*Can everyone make the core unit of the pattern?*

Repeat with a different core unit, such as yellow/blue/red.