## Enduring Understanding(s):

- A friend is someone we care for and want to spend time with.
- Friends like to do things together and enjoy each other's company.


## Essential Question(s):

- How can you find the resources, strategies, and people to solve your problems?
- How do you deal with and express complex feelings in productive and creative ways?

| Materials | Vocabulary | Books |
| :---: | :---: | :---: |
| - Hooray, a Piñata! <br> - Golden Bear (if available) <br> - images of Loveys (see Resource) <br> - examples of objects used as Loveys (blankets, teddy bears, etc.) | Lovey: an object that comforts or soothes someone <br> blanket: a soft, warm cover to make someone feel better <br> security: feeling safe/not going to be hurt <br> special: exceptionally good or precious <br> soothe: make someone feel calm <br> comfort: to help feel better/soothe |  |

## Let's Find Out About It:

Preparation: Consider a lovey that belonged to either you or a member of your family. While the word 'Iovey' is used in this lesson, you may include synonyms that are relevant to children, such as 'blankie,' 'baba,' 'sheeple,' etc.

| "In Hooray, a Piñata!, Clara's dog, Lucky, was like a pet, and it comforted <br> her - made her feel better - to play with it. What do you notice?" | Show illustrations. <br> Children respond. |
| :--- | :--- |
| "Special objects that comfort children, like Lucky, are sometimes called <br> Loveys. They can soothe - make you feel calmer, and help you feel safe. <br> Why do you think 'Lovey' is a good name for something special that <br> comforts you?" | Children respond. |
| "In Golden Bear, the boy's Lovey was a teddy bear that was also a special <br> friend. Here are other things like blankets that children use for Loveys." | Show Golden Bear. <br> Show Loveys. |
| "Here are some images of children with their Loveys. What do you notice?" | Show images. <br> Children respond. |

