



Let's Find Out About It: Cookbooks and Recipes

Standard Connection:

ELA.RL.PK4.4

ELA.RI.PK4.3

SS.FC.PK4.3

SS.FC.PK4.4

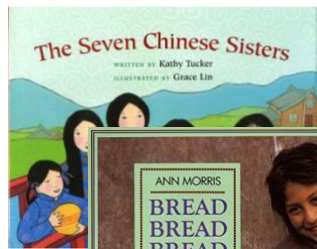
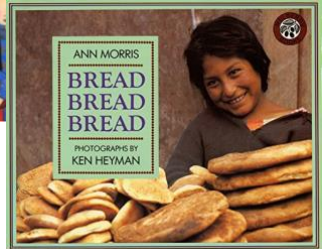
PD.SHS.PK4.6

Enduring Understanding(s):

- A family is a group of people that care for and support each other.

Enduring Understanding(s):

- How do families care for each other?

Materials	Vocabulary	Books
<ul style="list-style-type: none"> <i>The Seven Chinese Sisters</i> <i>Bread, Bread, Bread</i> cookbooks and/or cooking magazines chart paper markers 	<ul style="list-style-type: none"> cookbook: a book with recipes for making a food dish ingredient: something that is part of a mixture dish: food prepared a certain way recipe: a set of instructions for making food dishes 	 

Let's Find Out About It:

Preparation: *Set up materials.*

"In <i>The Seven Chinese Sisters</i> , Sixth Sister could cook the most delicious noodle soup. How did she know how to make the soup?"	Show illustrations. Children respond.
"A recipe is directions for making food. A cookbook is a book of recipes . Here are some cookbooks . What do you notice?"	Show books. Children respond.
"A recipe usually lists all the ingredients and also how much you will need of each ingredient ."	Point to the ingredients listed in the recipe and read them out.
"After the list of ingredients there is a description of the steps needed to make the dish ."	Read steps from the recipe.
"Sometimes families have recipes for special dishes they like the best. Noodle soup might be a favorite of the Seven Sisters, and they might have gotten the recipe from someone in their family."	
"If a family has many recipes , they could create a cookbook ."	