

The Fresh Fruit & Vegetables Program (FFVP)

New Administration Orientation (NAO)

September 19 & 20, 2019



MISSISSIPPI
DEPARTMENT OF
EDUCATION

Ensuring a bright future for every child

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FRESH
FRUIT &
VEGETABLE
PROGRAM

FFVP



The program was designed to introduce and educate children about fresh fruits and vegetables!

FFVP Purpose

The Fresh Fruit and Vegetable Program (FFVP) provides children in participating schools with a variety of free fresh fruits and vegetables throughout the school day.

It is an effective and creative way of introducing fresh fruits and vegetables as healthy snack options.

The FFVP also encourages schools to develop partnerships at the State and local level for support in implementing and operating the program.



School Selection Criteria

- **Complete an application**
- **Be an elementary school (K-8)**
- **Participate in the NSLP**
- **Represent the highest percentage of students certified for free and reduced price benefits**



What Schools Must Do

As a FFVP recipient, schools must:

- **Make free fresh fruits and vegetables available to all enrolled children**

At least TWICE per week

- **Provide fresh fruits and vegetables only during the school day**

Not before or after school or during summer school

Must be served outside the NSLP and SBP meal periods

- **Widely publicize within the school the availability of free fresh fruits and vegetables**
- **Have documented support of the food service manager, principal and district superintendent**



Nutrition Education

and Online Resources



Nutrition Education

Nutrition Education is critical to the success of the FFVP. For some students this may be their first exposure to fruits and vegetables

School should provide education using a variety of methods depending on grade level

Consult with FFVP partners to obtain no-cost nutrition education items

The FFVP does not allow the purchase the NE material

FFVP Handbook pg. 20-21



Nutrition Education

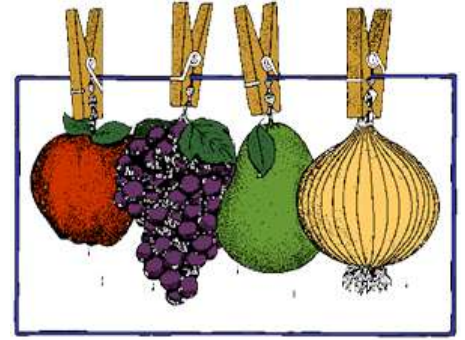
Things to remember:

Develop nutrition education that fits your students' needs

Use FREE resources and education materials

Websites are valuable resources

Integrate activities into the regular classroom lesson plans





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Cooking with the Kids

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GET KIDS INVOLVED
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MEAL PLANNING
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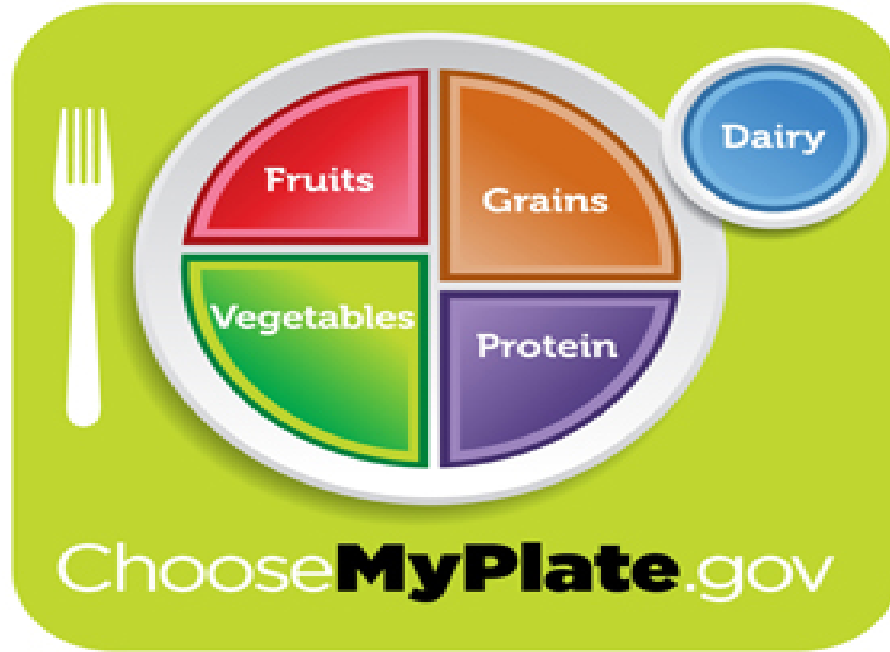
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This institution is an equal opportunity provider.

Full Statement

<http://www.mde.k12.ms.us/docs/child-nutrition/usda-nondiscrimination-statement-2016.pdf?sfvrsn=2>

For more information:

Review the FFVP Handbook

<https://fns-prod.azureedge.us/sites/default/files/resource-files/handbook.pdf>

