



Transitional Standards

For Milk, Whole Grains, and Sodium



mdek12.org

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Mississippi Department of Education/Office of Child Nutrition ~ School Support Division



MISSISSIPPI
DEPARTMENT OF
EDUCATION

Date: April 14, 2022



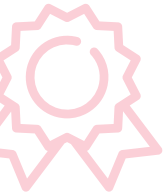
VISION

To create a world-class educational system that gives students the knowledge and skills to be successful in college and the workforce, and to flourish as parents and citizens



MISSION

To provide leadership through the development of policy and accountability systems so that all students are prepared to compete in the global community



1

ALL Students Proficient and Showing Growth in All Assessed Areas



2

EVERY Student Graduates from High School and is Ready for College and Career



3

EVERY Child Has Access to a High-Quality Early Childhood Program

EVERY School Has Effective Teachers and Leaders

4



EVERY Community Effectively Uses a World-Class Data System to Improve Student Outcomes

5



EVERY School and District is Rated “C” or Higher

6





Thank you!!

Your Opinion does matter! I hope you all took the time to express your voice before March 24, 2022.



- Background
- Transitional Standards for Milk, Whole Grains, and Sodium
- Fall of 2022 USDA Nutrition Standards to address SY 24-25
- Resources
- Questions



December 2018: Final Rule changed standards for milk, whole grains and sodium

April 2020: 2018 Final Rule was vacated – which reversed back to 2012 meal standards

Through June 2012 : Due to COVID, Congress provided USDA authority to issue nationwide meal pattern waivers



- Types of milk
- Amount of whole grains-rich required
- Sodium Level

No Changes

- Amount of foods required in any component
- Fruits, Vegetables, Vegetables sub-groups, Meat/Meat Alternate components
- Calories Ranges, Saturated Fat Limits, Age/Grade Groups



The standards in this final rule are intended to be transitional and in effect for only two (2) school years (SY 2022–2023 and SY 2023–2024).



This rule will serve as a middle-ground **bridge** until the notice-and-comment rulemaking for SY 2024–2025 and beyond is complete.

Step 1

- Final Rule for Transitional Standards
- Short-term – 2 years

Step 2

- New Rule-making for Permanent Standards
- Long-term

July 1, 2022

Beginning (SY) 2022-2023

Steps 1: Final Rule for Transitional Standards – Short-Term

Step
1

- Milk, Whole Grain, Sodium



Transitional Standards Apply only to:

Milk

Schools may offer flavored, low-fat milk (1%) in addition to unflavored, low-fat milk and flavored or unflavored nonfat milk.

Whole Grains

At least 80% of the grains served in Lunch and breakfast per week must be whole grain-rich (containing at least 50% whole grains).

Sodium

Lunch and Breakfast retains Sodium Target 1, for school year 2022-2023. For school lunch only meet sodium target 1A SY 2023-2024

Consistent with the Goals of the Dietary Guidelines for Americans, 2020-2025.

USDA intends to issue a proposed rule in fall 2022 - nutrition standards for SY 2024-2025



- Option to serve flavored, low-fat (1 percent or less) milk in NSLP and SBP.
- Requires unflavored milk (fat-free or low-fat) be available at each school meal service.

At least 80 percent of grains offered must be whole grain-rich

The remaining grains must be enriched

To meet USDA's whole grain-rich products must contain at least 50 percent whole grains, and the remaining grain must be enriched



Option: Plan menus so enriched grains are served on one day only.



Monday	Tuesday	Wednesday	Thursday	Friday
WRG 2 oz. eq.	WRG 2 oz. eq.	WRG 2 oz. eq.	WRG 2 oz. eq.	Enriched 2 oz. eq.



NSLP

- Maintain Target 1 for SY 2022-2023
 - Effective July 1, 2022
- Implement Interim Target 1A for SY 2023-2024
 - Effective July 1, 2023

SBP

- Maintain Target 1 for SY 2022-2023 and SY 2023-2024
 - Effective July 1, 2022

Age/Grade Group	Target 1: Effective July 1, 2022	Interim Target 1A: Effective July 1, 2023
K-5	≤ 1,230 mg	≤ 1,110 mg
6-8	≤ 1,360 mg	≤ 1,225 mg
9-12	≤ 1,420 mg	≤ 1,280 mg

Age/Grade Group	Target 1: Effective July 1, 2022 – SY 2024
K-5	≤ 540 mg
6-8	≤ 600 mg
9-12	≤ 640 mg

Menus

Grades K-12 Breakfast & Grades 9-12 Lunch

Example of Nutrition Analysis

Weekly Sodium Standards

≤1,420

Mississippi Dept of Education
Base Menu Spreadsheet
Weighted Values - Detailed
Page 1

Mar 21, 2022 thru Mar 25, 2022
Wildwood High 9-12 Lunch

Generated on: 3/5/2022 3:02:15 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Mon - 03/21/2022																
Wildwood High 9-12 Lunch	Total	300			460	1.46	1.49	*208.4	638	3.74	*1	25.45	29.28	12.06	7.10	0.00
Cheesy Chicken FiesB/RiceMS517	1 serving	275	323		23	0.51	0.07	*4.1	2563	0.41	1	0.17	1.2	0.31	0.12	0.00
Steamed Carrots, FRZ M5880	1/2 Cup	50	8		10	1.19	*0.01	*0.4	*61	*0.02	1	0.6	2.43	0.89	0.37	0.00
Green Beans, FRZ, Cut M5755	1/2 cup	150	20		0	2.58	0.11	43.2	245	57.93	5	1.02	12.79	0.13	0.02	0.00
Orange Smiles M6770	1/2 cup	200	52		0											
Strawberries, FRZ, PC M6940.1	1/2 cup	250	75		0	1.67	0.30	16.7	0	55.0	*N/A*	0.83	18.33	0.0	0.00	0.00
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	300	150		230	3.00	1.44	20.0	0	0.0	4	5.0	27.0	2.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87		80	0.00	0.00	0.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17		20	0.00	0.00	0.0	83	0.2	2	1.33	1.83	0.42	0.25	0.00
Cookie,Chocolate ChlpPur M7545	1 cookie	1	0		0	0.00	0.00	0.0	0	0.0	0	0.0	0.05	0.02	0.01	0.00
Weighted Daily Average			730		823	10.4	3.43	532.7	924	*118.10	*28	39.75	108.26	15.84	7.67	0.00
% of Calories											*15.1%	21.8%	59.3%	19.5%	9.7%	0.0%
Nutrient Guideline			750-850												<10.0%	
Tue - 03/22/2022																
Wildwood High 9-12 Lunch	Total	300			1016	2.58	*1.14	*165.2	*707	*5.36	*1	18.44	23.55	25.86	11.97	0.00
John Wayne Casserole M1195.2	1 serving	300	404		68	1.63	0.33	27.8	631	21.83	1	1.69	2.92	1.25	0.50	0.00
Broccoli Spears,Steamed MS1014	1/2 cup	200	26		130	0.50	0.90	20.0	0	1.8	3	2.0	17.0	2.5	0.50	0.00
Roll, Enriched, 2 oz. M7145	Roll - 2 oz.	150	100		101	1.75	*0.04	*0.6	*122	*0.03	6	1.73	14.68	3.5	0.73	0.00
Whole Kernel Corn, CND M6010	1/2 cup	300	85		0	0.90	0.04	11.4	67	14.97	2	0.28	4.66	0.05	0.01	0.00
Apple and Orange Wedges M6545	1/2 cup	100	18		0	0.01	0.00	0.3	2	0.2	0	0.0	0.06	0.0	0.00	0.00
Fruit Juice, Frozen Cup M6650	1/2 cup	1	0		7	0.00	0.00	0.0	0	45.0	13	0.0	14.5	0.0	0.00	0.00
Veg Juice, 4 oz. Asst. M6190	1/2 cup	300	60		80	0.00	0.00	190.0	3	0.8	15	5.33	15.33	0.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87		20	0.00	0.00	0.0	50	0.2	2	1.33	1.83	0.42	0.25	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17		0	0.00	0.00	0.0	0	0.0	0	0.0	0.05	0.02	0.01	0.00
Weighted Daily Average			797		1423	6.7	3.3	193.3	*193	*90.18	*42	30.81	94.54	33.58	13.95	0.00
% of Calories											*21.0%	15.5%	47.4%	37.9%	15.7%	0.0%
Nutrient Guideline			750-850												<10.0%	

Weekly Saturated Fat Standards

< 10%

823
9.7%

S-Fat: 15.7%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Weekly Sodium Standards

≤1,420

Weekly Saturated Fat Standards

< 10%

Mississippi Dept of Education

Base Menu Spreadsheet

Weighted Values - Detailed

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Mar 21, 2022 thru Mar 25, 2022

Wildwood High 9-12 Lunch

Generated on: 3/5/2022 3:02:15 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Wed - 03/23/2022																
Wildwood High 9-12 Lunch	Total	300														
Taco Salad with Chips M3515.2	1 serving	275	345	4	729	6.83	*2.33	*191.1	*4221	*22.92	8	19.24	32.11	16.61	7.83	0.00
Chips, BKD Tortilla Nacho, Fr	1	275	119	0	183	1.83	0.33	0.0	92	0.0	2	1.83	18.33	4.58	0.46	0.00
Refried Beans M5555.1	1/2 cup	150	74	2	114	3.76	*1.17	*35.4	*24	*4.24	1	4.28	11.18	1.55	0.75	0.00
California Vegetables M5785	1/2 cup	100	16	0	41	0.69	0.13	7.0	548	7.11	1	0.68	1.72	0.6	0.24	0.00
Mandarin Fruit Cup M6790	1/2 cup	200	33	0	3	0.64	0.21	5.0	274	5.33	8	0.27	8.52	0.05	0.01	0.00
Tropical Fruit M6745	1/2 cup	200	79	0	2	1.20	0.48	12.0	117	16.1	17	0.38	20.58	0.09	0.02	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	80	0.00	0.00	190.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3	20	0.00	0.00	0.0	0.0	0.2	2	1.33	1.83	0.42	0.25	0.00
Assorted Gelatin w/ Top M7580	1/2 cup	300	89	0	63	0.00	0.00	2.3	7	12.89	19	1.07	19.38	1.12	1.12	0.00
Weighted Daily Average % of Calories			859	55	1235	12.65	*4.67	*492.2	*5	*69.59	72	34.43	128.99	25.01	10.69	0.00
Nutrient Guideline			750-850		1420						33.3%	16.0%	60.1%	26.2%	11.2%	0.0%

1235

11.2%

Thu - 03/24/2022																
Wildwood High 9-12 Lunch	Total	300														
Chicken BKD Lemon Pepper M3025	1 serving	250	104	27	87	1.00	0.15	0.0	0	0.0	0	7.92	0.0	7.92	2.50	0.00
Rice, Brown M7090	1/2 cup	300	107	0	99	0.77	0.44	*1.8	1	0.0	0	2.39	23.09	0.6	0.11	0.00
Gravy, Chicken Mix, BR M8135	2 ounce	300	25	0	292	0.00	0.00	11.7	0	0.0	0	0.0	3.01	1.0	0.00	0.00
Green Beans, Cut, CND M5745	1/2 cup	250	35	0	132	0.60	1.08	22.5	443	1.67	1	1.13	4.05	1.6	0.64	0.00
Mashed Potatoes M6070	1/2 cup	300	90	0	67	0.01	0.22	12.0	143	0.01	0	2.02	15.12	2.1	0.86	0.00
Strawberries, Frozen M6945	1/2 cup	200	55	0	1	0.22	0.46	8.5	19	32.22	10	0.0	14.03	0.0	0.00	0.00
Fresh Fruit Bowl Variety M6715	1 each	100	28	0	0	0.22	0.07	6.7	40	7.71	4	0.29	7.24	0.08	0.02	0.00
Roll, Whole Wheat Pur2oz M7140	Roll - 2 oz.	300	150	0	230	0.00	1.44	20.0	0	0.0	4	5.0	27.0	2.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	80	0.00	0.00	190.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3	20	0.00	0.00	50.0	83	0.2	2	1.33	1.83	0.42	0.25	0.00
Weighted Daily Average % of Calories			697	33	1009	0.82	3.86	*323.2	1062	42.60	36	25.41	110.71	15.71	4.38	0.00
Nutrient Guideline			750-850		1420						20.5%	14.6%	63.5%	20.3%	5.7%	0.0%

1009

5.7%

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
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Weekly Sodium Standards
 $\leq 1,420$

Weekly Saturated Fat Standards
 $< 10\%$

Mississippi Dept of Education
 Base Menu Spreadsheet
 Weighted Values - Detailed
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Mar 21, 2022 thru Mar 25, 2022
 Wildwood High 9-12 Lunch

Generated on: 3/5/2022 3:02:15 PM

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Fri - 03/25/2022																
Wildwood High 9-12 Lunch	Total	300														
Catfish, Breaded, USDA M1625.1	1 Each	300	186	20	350	.00	*0.00	*0.0	*0	*0.0	0	16.0	12.0	10.0	2.00	0.00
Toast, Garlic WW M7115	1 slice	300	90	0	110	.00	0.72	0.0	200	0.0	1	3.0	15.0	2.5	0.00	0.00
Creamy Coleslaw M5695	1/2 cup	100	25	2	25	.41	0.10	8.0	65	5.6	4	0.25	3.9	1.05	0.11	0.00
Potato Infinity Fry, Bake M6130	1/2 cup	300	111	0	132	.01	0.36	0.0	0	3.65	0	2.03	17.22	3.54	0.51	0.00
Hot Cinnamon Apples M6520	1/2 cup	300	118	0	190	.97	1.20	3.6	340	0.98	19	0.42	21.92	3.57	1.46	0.00
Fresh Oranges M6775	1 each	100	26	0	0	.29	0.05	21.6	123	28.96	2	0.51	6.4	0.07	0.01	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	200	87	3	80	.00	0.00	190.0	333	0.8	15	5.33	15.33	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	17	3	20	.00	0.00	50.0	63	0.2	2	1.33	1.83	0.42	0.25	0.00
Cookie, Oatmeal Raisin Pur M7555	1 cookie	300	120	5	110	.00	0.72	0.0	45	0.0	9	1.0	16.0	4.0	2.00	0.00
Weighted Daily Average			779	33	1017	.68	*3.16	*417.5	*2782	*72.13	*46	*32.05	*110.42	*23.06	*8.65	*0.00
% of Calories											26.9%	15.3%	56.3%	29.0%	7.3%	0.0%
Nutrient Guideline			750-850													<10.0%
Weighted Average			773	53	1101	9.65	*3.51	*417.5	*2782	*72.13	*46	*32.05	*110.42	*23.06	*8.65	*0.00

1017 S-Fat: 7.3%

Nutrient	Menu AVG	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)
Calories	773		750 - 850	100%				
Cholesterol (mg)	53							
Sodium 1 (mg)	1101		1420					Correction Required - Sodium too High
Fiber (g)	9.65							
Iron (mg)	3.51				Missing			
Calcium (mg)	417.5				Missing			
Vitamin A (IU)	2782				Missing			
Sugars (g)	46	23.74%			Missing			
Vitamin C (mg)	72.13				Missing			
Protein (g)	32.05	16.60%						
Carbohydrate (g)	110.42	57.17%						
Total Fat (g)	23.06	26.86%						
Saturated Fat (g)	8.65	10.07%		<10.0%				Correction Required - Sat. Fat too High
Trans Fat* (g)	0.00	0.0%						

Weekly Total Sodium: 1101
 Weekly Total S-Fat 10.07%

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J - Wildwood High 9-12 Lunch

Whole Grain-Rich Standard
Not 80%

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (-<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes		5	0.5	10.00%	Yes
Vegetables: Minimum (cups)	1	1.625	2.375	1	1			7	5	Yes	Weekly Vegetable Juice Limit Check (-<= half of total Veg)	Total Weekly Veg.	Total Weekly Veg. Juice	% of Total Weekly Veg. that is Juice	Weekly Rqmt. Check
-Dark Green	0	0.5	0.5	0	0			1	0.5	Yes					
-Red/Orange	0.5	0.5	0.375	0	0			1.375	1.25	Yes					
-Legumes	0	0	0.5	0	0			0.5	0.5	Yes					
-Starchy	0	0.5	0	0.5	0.5			1.5	0.5	Yes					
-Other	0.5	0.125	1	0.5	0.5			2.625	0.75	Yes					
Meat/Meat Alt: Minimum (oz eq)	2.5	2.5	2.5	2	2			11.5	10	Yes					
Meat/Meat Alt: Maximum (oz eq)	2.5	2.5	2.5	2	2			11.5	12	Yes					
Grain: Minimum (oz eq)	3.5	2.75	2	3	2.5			13.75	10	Yes					
Grain: Maximum (oz eq)	3.5	2.75	2	3	2.5			13.75	12	OVER					
Grain Based Dessert Total for all weekly meals								1	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	13.75	Weekly Whole Grain Rich Total	10.75	% of Whole Grain Rich	78%			50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check					
Milk: Minimum (cups)	2	2	2	2	2			10	10	Yes					
Variety: Skim/Fat-free unflavored, Skim/fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

78%

**Cells with this background color signify Requirements not being met!

J - Wildwood High 9-12 Lunch

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes		5	0.5	10.00%	Yes
Vegetables: Minimum (cups)	1	1.625	2.375	1	1			7	5	Yes	Weekly Vegetable Juice Limit Check (<= half of total Veg)	Total Weekly Veg.	Total Weekly Veg. Juice	% of Total Weekly Veg. that is Juice	Weekly Rqmt. Check
-Dark Green	0	0.5	0.5	0	0			1	0.5	Yes					
-Red/Orange	0.5	0.5	0.375	0	0			1.375	1.25	Yes					
-Legumes	0	0	0.5	0	0			0.5	0.5	Yes					
-Starchy	0	0.5	0	0.5	0.5			1.5	0.5	Yes					
-Other	0.5	0.125	1	0.5	0.5			2.625	0.75	Yes					
Meat/Meat Alt: Minimum (oz eq)	2.5	2.5	2.5	2	2			11.5	10	Yes					
Meat/Meat Alt: Maximum (oz eq)	2.5	2.5	2.5	2	2			11.5	12	Yes					
Grain: Minimum (oz eq)	3	2.75	2	3	2.5			13.25	10	Yes					
Grain: Maximum (oz eq)	3	2.75	2	3	2.5			13.25	12	OVER					
Grain Based Dessert Total for all weekly meals								0.5	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	13.25	Weekly Whole Grain Rich Total	10.75	% of Whole Grain Rich	81%			50% whole grain rich	Yes					
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Total	Weekly Rqmt. Check	Weekly Rqmt. Check					
Milk: Minimum (cups)	2	2	2	2	2			10	5	Yes					
Variety: Skim/Fat-free unflavored, Skim/fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

**Cells with this background color signify Requirements not being met!

Whole Grain-Rich Standard
Met 80%

81%



Mississippi Dept of Education
 Nutrients Breakdown Summary Report
 From Mar 21, 2022 To Mar 25, 2022,
 J - Wildwood High 9-12 Lunch

Nutrient			% of Cals	Weekly Target	% of Target*	Shortfall*	Overage*	Missing Data
Calories	777			750-850				
Saturated Fat	8.49	g	9.83%	<10.0%				*
Sodium 1	1144	mg		1420				*

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient
 * - denotes combined nutrient totals with either missing or incomplete nutrient data

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Weekly Sodium Standards

≤540

Weekly Saturated Fat Standards

< 10%

Mississippi Dept of Education

Base Menu Spreadsheet

Weighted Values - Detailed

Page 1

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/5/2022 4:19:39 PM

	Portion Size	Reimb Qty	Cals (kcal)	Choist (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Mon - 03/21/2022																
Wildwood K-12 Breakfast	Total	200			220	2.00	1.44	40.0	0	0.0	10	4.0	30.0	3.0	0.00	0.00
Pancakes, 2 WGR M8825	2 pancakes	200	160	8	0	2.00	0.36	20.0	0	66.0	*N/A*	1.0	22.0	0.0	0.00	0.00
Strawberries, FRZ, PC M6940.1	1/2 cup	200	90	0	0	0.00	0.00	0.00	0	0.00	0.00	0.00	0.00	0.00	0.00	0.00
Kiwi Wedges M6695	3 halves	100	26	0	1	1.28	0.13	14.5	37	39.42	4	0.48	6.23	0.22	0.01	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Syrup, Pancake, PC M8025	1 packet	300	178	0	44	0.05	0.13	0.4	6	0.02	32	0.03	45.3	0.0	0.00	0.00
Weighted Daily Average % of Calories			544	14	355	3.3	2.0	292.4	418	106.34	*60	11.52	117.78	3.85	0.39	0.00
Nutrient Guideline			450-500		540						*44.1%	8.5%	86.6%	6.4%	0.6%	0.0%
Tue - 03/22/2022																
Wildwood K-12 Breakfast	Total	200			380	1.00	1.08	20.0	0	0.0	7	6.0	19.0	11.0	3.00	0.00
Sausage Pancake on Stick M9255	1 stick	200	200	20	24	0.47	0.69	1.0	174	2.5	11	0.42	13.96	1.81	0.73	0.00
Tropical Apples M6530	1/2 cup	100	72	0	0	0.00	0.00	0.00	0	14.87	15	0.0	16.3	0.0	0.00	0.00
Fruit Juice, Assort, 4oz M6640	1 4-oz. cup	200	69	0	3	0.00	0.00	0.00	0	0.00	0.00	0.00	11.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Syrup, Pancake, PC M8025	1 packet	150	89	0	22	0.02	0.07	0.2	3	0.01	16	0.02	22.65	0.0	0.00	0.00
Weighted Daily Average % of Calories			521	26	520	1.49	0.83	185.7	552	18.28	63	12.43	86.16	13.43	4.11	0.00
Nutrient Guideline			450-500		540						48.1%	9.5%	66.2%	23.2%	7.1%	0.0%
Wed - 03/23/2022																
Wildwood K-12 Breakfast	Total	200			405	0.90	1.30	135.0	90	0.0	5	9.0	14.4	7.2	3.15	0.00
Breakfast Pizza, Sausage M9275	1 piece	180	162	49	3	0.78	0.22	1.8	213	1.44	8	0.27	8.74	0.02	0.00	0.00
Chilled Peach Slices M6815	1/2 cup	100	32	0	0	0.00	0.00	0.00	0	14.87	15	0.0	16.3	0.0	0.00	0.00
Fruit Juice, Assort, 4oz M6640	1 4-oz. cup	200	69	0	3	0.00	0.00	0.00	0	0.00	0.00	0.00	11.5	0.0	0.00	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Weighted Daily Average % of Calories			354	56	501	1.1	1.1	354.3	678	17.22	41	15.27	53.70	7.84	3.53	0.00
Nutrient Guideline			450-500		540						46.1%	17.3%	60.7%	19.9%	9.0%	<10.00

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Weekly Sodium Standards
 ≤540

Weekly Saturated Fat Standards
 < 10%

Mississippi Dept of Education
 Base Menu Spreadsheet
 Weighted Values - Detailed
 Page 2

Mar 21, 2022 thru Mar 25, 2022
 Wildwood K-12 Breakfast

Generated on: 3/5/2022 4:19:39 PM

	Portion Size	Reimb Qty	Calcs (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calom (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Thu - 03/24/2022																
Wildwood K-12 Breakfast	Total	200														
Bagel & Choice of Yogurt M9125	1 serving	150	158	4	180	3.00	1.35	142.5	0	0.0	11	7.5	32.25	0.75	0.00	0.00
Strawberries, Frozen M6945	1/2 cup	150	62	0	1	1.37	0.52	9.6	21	36.24	12	0.0	15.79	0.0	0.00	0.00
Fresh Fruit Cup M6720	1/2 cup	100	32	0	2	0.92	0.15	4.1	84	2.71	6	0.29	8.24	0.08	0.02	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Cream Cheese PC Strawb M8095	1 pc cup	50	23	6	19	0.00	0.00	5.0	50	0.0	1	0.25	1.25	2.0	1.25	0.00
Weighted Daily Average			364	16	291	5.74	2.01	378.7	531	39.85	44	14.04	71.78	3.46	1.64	0.00
% of Calories											48.2%	15.4%	79.0%	8.6%	4.1%	0.0%
Nutrient Guideline			450-500		540										<10%	
Fri - 03/25/2022																
Wildwood K-12 Breakfast	Total	200														
Sausage 1 & Biscuit 2WGR M9175	1 Each	180	269	31	644	1.80	1.94	89.8	900	0.0	3	12.5	24.3	13.42	4.47	0.00
Tropical Apples M6530	1/2 cup	100	72	0	24	0.47	0.69	1.0	174	2.5	11	0.42	13.96	1.81	0.73	0.00
Chilled Mandarin Oranges M6795	1/2 cup	150	57	0	6	0.65	0.34	6.5	781	18.41	14	0.42	15.05	0.09	0.01	0.00
Milk, FF Choc 1/2 pint PF M120	1/2 pint	100	65	3	60	0.00	0.00	142.5	250	0.6	11	4.0	11.5	0.0	0.00	0.00
Milk, LF White 1/2 pt, PF M110	1/2 pint	50	25	4	30	0.00	0.00	75.0	125	0.3	3	2.0	2.75	0.62	0.38	0.00
Jelly, Assorted, PC M8145	1 packet	300	54	0	10	0.09	0.00	2.1	2	0.62	10	0.04	13.84	0.01	0.01	0.00
Weighted Daily Average			542	37	774	1.01	3.24	316.9	2232	22.42	52	19.37	81.41	15.96	5.60	0.00
% of Calories											38.5%	14.3%	60.1%	26.5%	9.3%	0.0%
Nutrient Guideline			450-500		540										<10%	
Weighted Average			465	30	488	3.36	2.09	316.2	882	40.82	*52	14.53	82.17	8.91	3.05	0.00
											*100.4	12.5%	70.7%	17.2%	5.9%	0.0%

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Weekly Sodium Standards

≤540

Mississippi Dept of Education

Base Menu Spreadsheet
Weighted Values - Detailed
Page 3

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/8/2022 10:10:26 AM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calom (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)
Calories	476			450 - 500	100%												
Cholesterol (mg)	29																
Sodium 1 (mg)	540			540													
Sodium 2 (mg)	540			485					55								
Fiber (g)	3.75																
Iron (mg)	2.25					Missing											
Calcium (mg)	321.5					Missing											
Vitamin A (IU)	882					Missing											
Sugars (g)	51	43.11%				Missing											
Vitamin C (mg)	41.30					Missing											
Protein (g)	15.63	13.14%				Missing											
Carbohydrate (g)	85.57	71.91%															
Total Fat (g)	8.23	15.57%															
Saturated Fat (g)	3.08	5.81%			<10.00%												
Trans Fat* (g)	0.00	0.00%															

Weekly Saturated Fat Standard

<10%

Sodium AVG = 540

Sat F = 5.81%

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K - Wildwood K-12 Breakfast

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes		5	1	20.00%	Yes
Vegetables: Minimum (cups)								0	N/A	N/A	Weekly Vegetable Juice Limit Check (<= half of total Veg)	Total Weekly Veg.	Total Weekly Veg. Juice	% of Total Weekly Veg. that is Juice	Weekly Rqmt. Check
-Dark Green	0	0	0	0	0		0	N/A	N/A						
-Red/Orange	0	0	0	0	0		0	N/A	N/A						
-Legumes	0	0	0	0	0		0	N/A	N/A						
-Starchy	0	0	0	0	0		0	N/A	N/A						
-Other	0	0	0	0	0		0	N/A	N/A	0	0	0.00%	N/A		
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0			1	N/A	N/A					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0			1	N/A	N/A					
Grain: Minimum (oz eq)	2	3	2	2	1.5			10.5	9	Yes					
Grain: Maximum (oz eq)	2	3	2	2	1.5			10.5	10	OVER					
Grain Based Dessert Total for all weekly meals								0	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	8	Weekly Whole Grain Rich Total	6	% of Whole Grain Rich				75%	50% whole grain rich		Yes			
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check					
Milk: Minimum (cups)	2	2	2	2	2			10	10	Yes					
Variety: Skim/Fat-free unflavored, Skim/Fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

**Cells with this background color signify Requirements not being met!

Whole Grain-Rich Standard
NOT
80% at 75%

75%

Whole Grain-Rich Standard
Met
80% at 100%

Mississippi Dept of Education
Weekly Certification Worksheet

Page 1

Week of 3/21/2022

K - Wildwood K-12 Breakfast

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes		5	1	20.00%	Yes
Vegetables: Minimum (cups)								0	N/A	N/A	Weekly Vegetable Juice Limit Check (<= half of total Veg)	Total Weekly Veg.	Total Weekly Veg. Juice	% of Total Weekly Veg. that is Juice	Weekly Rqmt. Check
-Dark Green	0	0	0	0	0		0	N/A	N/A						
-Red/Orange	0	0	0	0	0		0	N/A	N/A						
-Legumes	0	0	0	0	0		0	N/A	N/A						
-Starchy	0	0	0	0	0		0	N/A	N/A						
-Other	0	0	0	0	0		0	N/A	N/A	0	0	0.00%	N/A		
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0			1	N/A	N/A					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0			1	N/A	N/A					
Grain: Minimum (oz eq)	2	2.25	2	2	3			11.25	9	Yes					
Grain: Maximum (oz eq)	2	2.25	2	2	3			11.25	10	OVER					
Grain Based Dessert Total for all weekly meals								0	No more than 2 oz	Yes					
Whole Grain Rich Weekly Amount	Weekly Grains Total	8.25	Weekly Whole Grain Rich Total	8.25	% of Whole Grain Rich	100%		50% whole grain rich	Yes						
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22				Weekly Rqmt. Check						
Milk: Minimum (cups)	2	2	2	2	2				Yes						
Variety: Skim/Fat-free unflavored, Skim/Fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

100%

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Weekly Sodium Standards

≤540

Mississippi Dept of Education

Base Menu Spreadsheet
Weighted Values - Detailed
Page 3

Mar 21, 2022 thru Mar 25, 2022

Wildwood K-12 Breakfast

Generated on: 3/5/2022 4:19:39 PM

Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calom (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat* (g)	
	% of Cals	Weekly Target	% of Target	Miss Data	Shortfall	Overage	Error Messages (if any)											
Calories	465			450 - 500	100%													
Cholesterol (mg)	30																	
Sodium 1 (mg)	488			540														
Sodium 2 (mg)	488			485														
Fiber (g)	3.36																	
Iron (mg)	2.09																	
Calcium (mg)	316.2																	
Vitamin A (IU)	882																	
Sugars (g)	52	44.64%																
Vitamin C (mg)	40.82																	
Protein (g)	14.53																	
Carbohydrate (g)	82.17	70.69%																
Total Fat (g)	8.91	17.24%																
Saturated Fat (g)	3.05	5.91%																
Trans Fat* (g)	0.00	0.00%																

Weekly Saturated Fat Standards

<10%

Sodium AVG = 488

Sat F = 5.91%

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Whole Grain-Rich Standard
Met
80%

Mississippi Dept of Education
Weekly Certification Worksheet

Page 1

K - Wildwood K-12 Breakfast

5 Day Week	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22			Weekly Total	Weekly Rqmt.	Weekly Rqmt. Check	Weekly Fruit Juice Limit Check (<= half of total fruit)	Total Weekly Fruit	Total Weekly Fruit Juice	% of Total Weekly Fruit that is Juice	Weekly Rqmt. Check
Fruit: Minimum (cups)	1	1	1	1	1			5	5	Yes		5	1	20.00%	Yes
Vegetables: Minimum (cups)								0	N/A	N/A	Weekly Vegetable Juice Limit Check (<= half of total Veg)	Total Weekly Veg.	Total Weekly Veg. Juice	% of Total Weekly Veg. that is Juice	Weekly Rqmt. Check
-Dark Green	0	0	0	0	0		0	N/A	N/A						
-Red/Orange	0	0	0	0	0		0	N/A	N/A						
-Legumes	0	0	0	0	0		0	N/A	N/A						
-Starchy	0	0	0	0	0		0	N/A	N/A						
-Other	0	0	0	0	0		0	N/A	N/A	0	0	0.00%	N/A		
Meat/Meat Alt: Minimum (oz eq)	0	0	0	1	0		1	N/A	N/A	80%					
Meat/Meat Alt: Maximum (oz eq)	0	0	0	1	0		1	N/A	N/A						
Grain: Minimum (oz eq)	2	4	2	2	3		13	9	Yes						
Grain: Maximum (oz eq)	2	4	2	2	3		13	10	OVER						
Grain Based Dessert Total for all weekly meals								0	No more than 2 oz		Yes				
Whole Grain Rich Weekly Amount	Weekly Grains Total	10	Weekly Whole Grain Rich Total	8	% of Whole Grain Rich	80%		50% whole grain rich	Yes						
	Mon 3/21/22	Tue 3/22/22	Wed 3/23/22	Thu 3/24/22	Fri 3/25/22										
Milk: Minimum (cups)	2	2	2	2	2										
Variety: Skim/Fat-free unflavored, Skim/Fat-free flavored, Low-fat (1% or less) unflavored, Low-fat (1% or less) flavored	Yes	Yes	Yes	Yes	Yes										
Reduced fat(2%) or whole, unflavored and flavored															

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Milk

- Option to serve flavored, low-fat milk in NSLP and SBP
- Extended to SSIS, CACFP (ages 6+), SMP (ages 6+)

Whole Grains

- 80% of grains offered weekly must be whole grain-rich; remaining grains must be enriched

Sodium

- NSLP: Target 1 for SY 2022-2023; Target 1A for SY 2023-2024
- SBP: Target 1 for SY 2022-2023 and SY 2023-2024

Steps 2

- Finalize permanent standards
- Expected implementation in SY 2024-2025



Comments period ended March 24, 2022 - Stronger nutritional standards



- Based on nutrition-science, reflecting the goal of the Dietary Guidelines for Americans, 2020-2025
- Engage Stakeholders
- Collect Public input on proposed changes

What is Slido: a Q & A and polling platform to assist in bridging the gap between presenters and their audience.

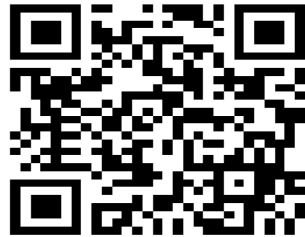
Slido RULES for today:

- Each of you will have **15 seconds** to answer each of the three (3) questions.
- Questions will be manually advanced (by OCN) after the 15 seconds timer has elapsed with each question.
- Results are **anonymous**

It's time for **SLIDO!!!!**

Take out your cell phones or use your computer to follow the instructions below:

1. Scan the QR Code with your camera or QR Scanner on your phone:



OR

2. Go to your Google search browser
3. Type: slido.com
4. You will see a blue circle that says ***“Joining as a Participant”***
 - ***Enter code: #800113***

- [Transitional Meal Standards 2022 \(sli.do\)](#)

- Nutrition Standards for School Meals
 - <https://www.fns.usda.gov/cn/nutrition-standards-school-meals>
 - <https://www.fns.usda.gov/cn/fr-020722>
 - <https://www.fns.usda.gov/cn/bbbsm-fact-sheet>
- Updated Meal Pattern Questions & Answers
 - Released – March 2, 2022
 - <https://www.fns.usda.gov/cn/sp052022-questions-answers-program-operators>
 - PDF: [Child Nutrition Programs: Transitional Standards for Milk, Whole Grains, and Sodium](#)





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<https://mdek12.org/sites/default/files/documents/ocn/usda-nondiscrimination-statement.pdf>



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