

# Offer Versus Serve

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Basics for NSLP/SBP

## Offer Versus Serve (OVS)

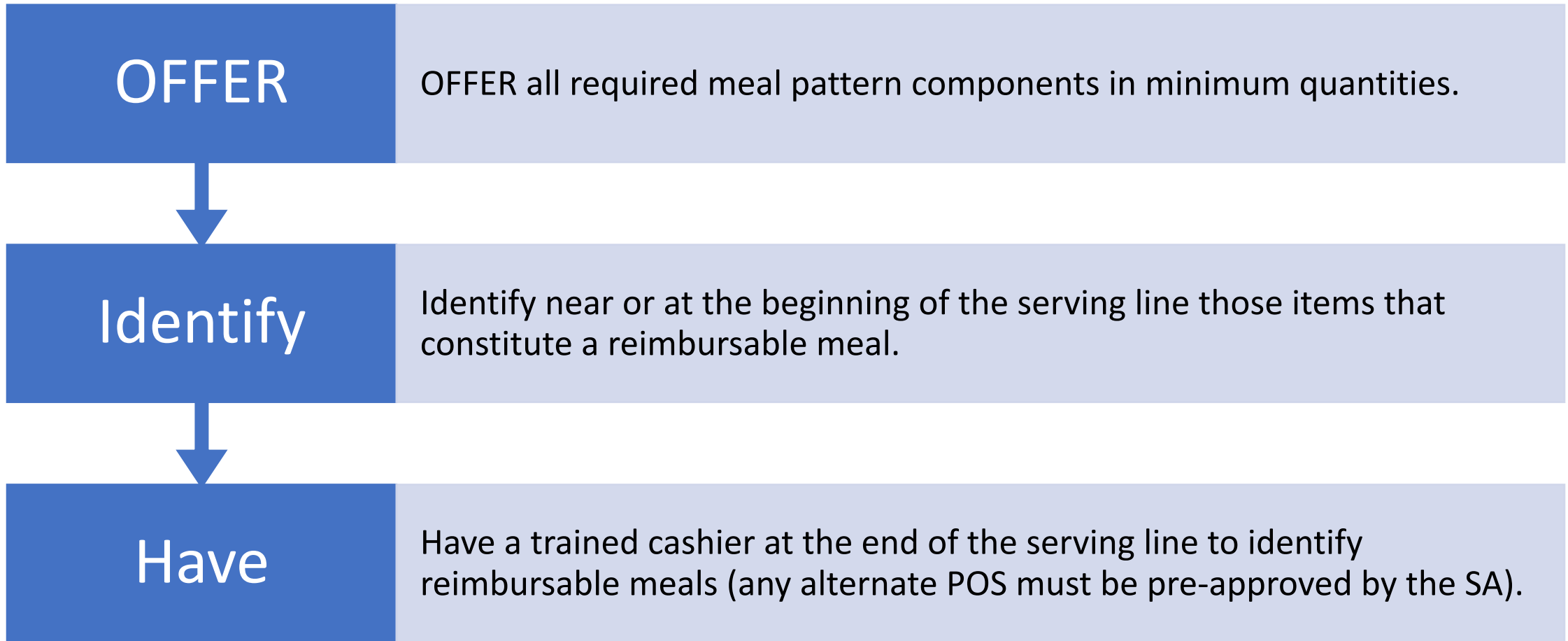
**OVS is a strategy that allows students to decline some components or items and select foods that they intend to eat.**

- Reduces food waste and its impact on cost
- Mandatory in the NSLP for high schools
- Optional in SBP (all grades)
- Not available for Snack Service



# Basic Requirements

If implementing OVS, the site must:





# OVS at Lunch

NSLP

Knowledge of Meal Pattern is essential to OVS implementation



NSLP Meal Pattern – Daily Minimum Requirements			
	K-8	6-8	9-12
<b>Meat</b>	1 oz eq.	1 oz eq.	2 oz eq.
<b>Grain</b>	1 oz eq.	1 oz eq.	2 oz eq.
<b>Vegetable</b>	¾ cup	¾ cup	1 cup
<b>Fruit</b>	½ cup	½ cup	1 cup
<b>Milk</b>	1 cup	1 cup	1 cup

# OVS Rules at Lunch

## 7 CFR 210.10 (e) and SP 41 - 2015



- Students must be allowed to decline 2 of the 5 required components
- Students must have 3 components on their tray
- One of those components must be at least a half a cup of fruit or vegetable.

**At the very minimum, the student needs two full components plus a half cup of fruit/veg to be considered a reimbursable meal.**

# OVS Rules at Lunch

## SP 41 – 2015 (OVS Manual Pg. 10)

- If only 3 components are selected and 2 of those are fruit and vegetable, the student may only select the half cup portion for the fruit OR the vegetable.
- For the other two components, the students must select at least the minimum daily required serving of the components for them to be counted.



For example, if a high school student selects a half cup of corn, a half cup of grapes, and a milk, this is NOT a reimbursable meal!

# OVS at Breakfast / SBP





Knowledge of Meal Pattern is essential to OVS implementation



## SBP Meal Pattern – Daily Minimum Requirements

	K-8	6-8	9-12
Grain*	1 oz eq.	1 oz eq.	1 oz eq.
Fruit/Veg	1 cup	1 cup	1 cup
Milk	1 cup	1 cup	1 cup

**\*NOTE:** Meats are optional at breakfast. If served, they can count toward the grain component at the discretion of the menu planner. However, you must offer the full component of a true grain.

# BREAKFAST OFFER VS SERVE PROVISION/ OVS

## SBP Requirements 3 Components

- **Milk**
- **Fruit or Vegetable sub.**
- **Grain**

## OVS Requirements 4 Items

- **Student may refuse 1 food item.**
- **Price remains the same.**

# OVS Rules at Breakfast

## 7 CFR 220.8(e) and SP 41-2015

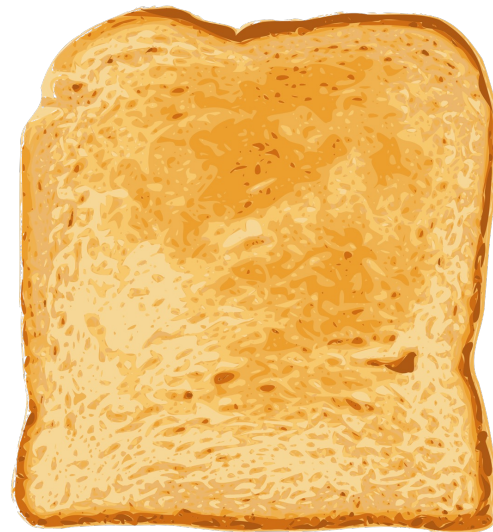


Offer	The site must offer at least 4 food items (not to be confused with components, remember there are 3 required components at breakfast)
Be	Students must be allowed to decline 1 of the 4 items that are offered at breakfast
Select	Students must select at least a half cup of fruit (or veg)
Select	At minimum, the student must select 3 items, 1 of which must be a fruit (veg)!

## Component Versus Item

- **Component:** one of three food groups (Grains, Fruit, Milk) that comprise a reimbursable breakfast.
- **Item:** a specific food offered within the three food components.





# OVS Rules at Breakfast

- In this menu example, we see three components and four items represented. Two of the items (muffin and toast) come from the same component (grain).
- Menu: Muffin, Toast, Apple, Milk

# Offer vs Serve Breakfast

**Minimum  
Breakfast:**

**Must take 3  
items of which  
1 must be a**

**½ cup of fruit  
or vegetable.**

**Maximum  
Breakfast:**

**May take all 5  
items from the  
3 components**

**Remember at Lunch we deal  
with Components.....  
At  
Breakfast we deal with Items !**

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## What about Meat at Breakfast?



M/MA can be offered once a full serving of true grain has been offered on the menu.



The student does not have to pick up the true grain before they pick up the M/MA. The true grain just has to be on the menu before the M/MA can count.



The Student can pick up the M/MA and have it count toward the reimbursable meal item total as long as the menu planner has specified that the M/MA will count toward the Grain.



# OVS Rules at Breakfast

## Menu Planner Discretion & Counting Items



- The Menu planner decides how to count items.
- Combination foods can count as multiple items.
- For example, a muffin with 2 oz eq. of grain can count as two items, or a sausage biscuit can count as two items.
- **The menu planner must communicate this information to the Cashier!**