

## FOCAL POINTS CHECKLIST

Challenges	Confident	Concerned
<i>Classroom Management</i>		
Cannot anticipate many behavioral events that occur in the classroom		
Often feel unprepared and out of control when disruptions occur		
Feel incompetent due to not knowing how to handle classroom problems		
Exhibit anxiety when they cannot control distractions		
<i>Time Management</i>		
Often feel overwhelmed by the amount of daily work		
Timing lessons and activities may be a source of frustration		
Balancing personal and professional obligations may be difficult		
Find it problematic to keep school hours within reason and ends up with work encroaching all possible aspects of life		
<i>An Overwhelming Workload</i>		
Can include assignments within and outside of the teaching expertise		
May work with a difficult or overloaded class		
Supervision of one or more extracurricular activities		
Meeting deadlines of unanticipated forms		
Multiple preparations for different courses		
<i>Classroom Instruction</i>		
Must develop all lessons from the start		
May have difficulty in adapting what was learned in college to effective lessons for students		
Often have a wide variety of subject matter to cover		
<i>Technology in the Classroom</i>		
Continual change in technology and knowing how to use it		
Limited number of and less than desirable equipment		
<i>High-Stakes Accountability</i>		
Wrestle with matching classroom learning objectives to assessments with standards and benchmarks		
Feel anxiety over being accountable for student performance		
<i>Socio-cultural Awareness of Sensitivity</i>		
Find themselves in a diversity of culture and ethnicity		
Feel unprepared in dealing with students who are at-risk, abused, come from complicated home lives, pregnant or transient		
<i>Student Motivation</i>		
Concern students will not be receptive to instruction and refuse to learn		
Unsure how to deal in a mainstreamed classroom of special needs students		
<i>Solitary Work Environment</i>		
Feeling of loneliness and isolation		
Feel alone with students all day and void of adult interaction		
<i>Relationships with Parents and Colleagues</i>		
Worries about parent conferences and conflicts		
Confrontations with colleagues		
Fear of not "fitting in"		